

Table 1. Recommendations Summary

<p>Primary Care</p> <ul style="list-style-type: none"> • We recommend that management of opioid use disorder be performed in primary care* as part of the continuum of care for patients with opioid use disorder (strong recommendation, moderate quality evidence).
<p>Diagnosis</p> <ul style="list-style-type: none"> • Clinicians could consider the use of a simple tool such as the Prescription Opioid Misuse Index (POMI) if assistance is needed identifying chronic pain patients who may have opioid use disorder (weak recommendation, very low quality evidence).
<p>Pharmacotherapy</p> <ul style="list-style-type: none"> • We recommend clinicians discuss use of buprenorphine-naloxone or methadone with their patients for treatment of opioid use disorder (strong recommendation, moderate quality evidence). <ul style="list-style-type: none"> ○ Methadone may be superior for retention in treatment. However, buprenorphine-naloxone may be easier to implement in practice due to fewer prescribing restrictions and considerations. • Clinicians could consider naltrexone for patients who have been opioid free for at least 7-10 days and who are unable or unwilling to use Opioid Agonist Therapy (weak recommendation, low quality evidence). • We recommend against the use of cannabinoids for management of opioid use disorder (strong recommendation, very low quality evidence).
<p>Prescribing Practices</p> <ul style="list-style-type: none"> • Clinicians could consider take-home doses (i.e. 2 to 7 days) as an option when need and stability indicate (weak recommendation, very low quality evidence). • Clinicians could consider urine drug testing as part of the management of patients with opioid use disorder (weak recommendation, no RCT evidence). • Clinicians could consider treatment agreements (i.e. contracts) in the management of opioid use disorder for some patients (weak recommendation, no RCT evidence). • We recommend against punitive measures involving opioid agonist treatment (i.e. reduction in dose or loss of carries), unless safety is a concern (strong recommendation, moderate quality evidence).
<p>Tapering</p> <ul style="list-style-type: none"> • We recommend against initiation of opioid agonist treatment with the intention to discontinue in the short-term. Opioid agonist treatment is intended as long-term management. Optimal duration is unknown and may be indefinite (strong recommendation, low quality evidence)
<p>Psychosocial</p> <ul style="list-style-type: none"> • We recommend the addition of counselling to pharmacotherapy in patients with opioid use disorder where available (strong recommendation, low quality evidence).
<p>Residential Treatment</p> <ul style="list-style-type: none"> • There is insufficient evidence to create a recommendation for or against the use of residential treatment for patients with opioid use disorder (no recommendation, no RCT evidence).
<p>Comorbidities</p> <ul style="list-style-type: none"> • There is insufficient evidence to create specific recommendations for the following co-morbidities in patients with opioid use disorder: chronic pain, acute pain, insomnia, anxiety, ADHD (no recommendation, insufficient evidence).

*In RCTs, primary care may have included team-based care, support/training available, affiliation with substance misuse clinic, or 24-hour pager support. Training and supports will vary per practitioner, practice site and population served.