

GETTING PRACTICAL FOR
A BETTER PRACTICE

PRACTICAL EVIDENCE FOR INFORMED PRACTICE CONFERENCE



Join us for the **Practical Evidence for Informed Practice Conference (PEIP)** on October 21-22, 2016 in Edmonton, Alberta. The PEIP Conference is a multidisciplinary event that showcases relevant, evidence-based, and thought-provoking topics in health care. PEIP highlights focused reviews that combine evidence, experience, and patient values, and is applicable to a variety of disciplines including physicians, pharmacists, nurses, nurse practitioners, and other allied health care providers.



OCTOBER 21-22, 2016 | EDMONTON, AB



VENUE DOUBLETREE BY HILTON WEST EDMONTON

Centrally located, the hotel is minutes from West Edmonton Mall, home to great shopping, entertainment, and dining. All the attractions of the city centre are also easily accessible from this West Edmonton hotel.

Admire the stylish surrounds, inspired by the city of Edmonton and the province of Alberta. Feel welcome the moment you arrive as friendly staff offer you a freshly baked chocolate chip cookie at check-in.

ACCOMMODATIONS

Reserve a room before Monday, October 10th and registrants of the PEIP Conference will receive a conference rate of \$160/night for a standard one-king or two-queen guest room. One-bedroom king suites are also available at a rate of \$210/night. Room rates include WiFi and parking.

When booking your accommodations, please reference "PEC" or book now via <http://bit.ly/hotel-peip>.

DOUBLETREE BY HILTON WEST EDMONTON

16615 109 Avenue
Edmonton, AB
780-484-0821
doubletree3.hilton.com



ALBERTA COLLEGE of
FAMILY PHYSICIANS



SCHEDULE AT A GLANCE

FRIDAY, OCTOBER 21		
TIME	SESSION	PRESENTER(S)
12:30	Registration + Refreshments	
13:15	Welcome + Introductions	Mike Kolber
13:30	What's New, What's True, What's Poo	Mike Allan Mike Kolber Tina Korownyk Adrienne Lindblad
13:50	Osteoporosis: How not to be a bonehead when it comes to treatment and monitoring	James McCormack
14:10	I Would Never Order That Lab Test: Lab use and misuse in Alberta	Trefor Higgins
14:30	Questions + Answers	
14:50	Refreshment Break	
15:10	CSI for CKD: Unravelling the myths surrounding kidney disease	Scott Klarenbach
15:30	Doses for Heart Failure Drugs: Collateral damage of shooting for target doses	James McCormack
15:50	Questions + Answers	
16:10	We All Have One: Evidence-based review of opioids for the treatment of chronic, non-malignant pain and strategies to consider for stopping	Loren Regier
16:30	Everybody Wants One: Potential benefits and pitfalls in imaging patients with back pain, PLUS: Medications that actually help back pain, step forward! (Not so fast, acetaminophen)	Mike Allan
16:50	Questions + Answers	
17:15	Reception	

SATURDAY, OCTOBER 22		
TIME	SESSION	PRESENTER(S)
07:15	Breakfast	
08:15	Introductions	Mike Kolber
08:25	What's New, What's True, What's Poo	Mike Allan Mike Kolber Tina Korownyk Adrienne Lindblad
08:45	A Refresher of the Treatment of Dementia (as we forgot the evidence)	Mike Allan
09:05	Spend 5 Minutes to Save 10: Medical apps for clinical practice	Wes Jackson
09:25	Questions + Answers	
09:45	Refreshment Break	
10:05	Plate Sizes, Step Counters, Gastric Sleeves: Getting the skinny on obesity	Tina Korownyk
10:25	The Myth is in the Media: Countering media misconceptions of medicine	Mike Allan Mike Kolber Tina Korownyk Adrienne Lindblad Tony Nickonchuk
10:55	Questions + Answers	
11:20	Fight the Flow: Approach to peri-menopausal bleeding	Carmen Gingles
11:40	Don't Stress the Urgently Needed Incontinence Evidence	Sandra Baydock
12:00	Questions + Answers	
12:20	Lunch	
13:20	Super Answers for Villainous Skin Bugs: Making informed antibiotic choices for MRSA skin infections	Sarah Forgie
13:40	Pro-biotics or Amateur-biotics? Evidence surrounding probiotics and gastrointestinal diseases	Tony Nickonchuk
14:00	When Evidence and Policy Diverge: Exploring evidence pertaining to influenza and pneumonia prevention	Mike Kolber
14:20	Questions + Answers	
14:40	Wrap Up	

PRE-CONFERENCE WORKSHOPS

Please note that these sessions are not included in the general conference registration fee and are held prior to the conference. Both sessions run on Thursday evening and Friday morning; participants must attend both halves of their chosen workshop.

THURSDAY, OCTOBER 20: 18:30 – 20:30

FRIDAY, OCTOBER 21: 9:30 – 11:30

EXCELLENT OR EXCREMENT: BEGINNER'S GUIDE TO SORTING OUT RESEARCH CLAIMS

Mike Allan, Mike Kolber, Tina Korownyk, James McCormack

In this interactive workshop, simple rules about randomization (and how it is manipulated), blinding, selective reporting, statistical vs. clinical significance, and other issues will be discussed. Besides RCTs, participants will learn why cohort studies should rarely change practice and how to sort out meta-analyses from the metaphysical. The goal is to teach common misinterpretations, tricks to quickly sort out key features, and make evidence use a little easier. Bring your questions and your inner skeptic.

This workshop includes small group and individual-led work, and a homework component to be completed after Thursday's session to discuss Friday morning.

THE FORCE AWAKENS: EDUCATIONAL OUTREACH WORKSHOP

Adrienne Lindblad, Loren Regier

This highly interactive workshop is designed for padawans, pharmacists, and other health professionals who deliver Best Practice Support Visits (or Academic Detailing). Through use of discussion, lectures, and role playing, participants will be able to explore methods that increase their comfort and success in discussing evidence with those holding different viewpoints. The goals are to build relationships through respectful approaches to educational outreach, investigate methods of dealing with objections and challenging responses without the use of Jedi mind tricks, and to learn effective methods of communicating key messages by overcoming the Dark Side.

WHERE AND HOW TO REGISTER

CONFERENCE REGISTRANT FEES				
	Early Bird Rates (Until Sept. 8)	Standard Rate (Sept 9 to Oct. 3)	Late Fee (After Oct. 4)	Live Webcast
ACFP Member	\$425.00	\$475.00	\$525.00	\$275.00
Non-Member MD	\$495.00	\$545.00	\$595.00	\$350.00
Family Medicine Resident	\$275.00			\$195.00
Medical Student	\$195.00			\$195.00
Allied Health Care Professional	\$425.00	\$475.00	\$525.00	\$275.00
Clinic (3+ people)				\$750.00

PRECONFERENCE WORKSHOP FEES		
	Excellent or Excrement (40 spaces available)	The Force Awakens (20 spaces available)
Physician	\$325.00	\$225.00
Allied Health Care (AHC) Professional	\$275.00	\$225.00
Learner (Resident and/or Student)	\$225.00	\$200.00

Pricing does not include GST

REGISTRATION INFORMATION

To ensure the comfort of all attendees, PEIP registration is limited. Act now before registration sells out! PEIP registration is available online only.

NEW THIS YEAR: LIVE WEBCAST!

No travel, no accommodations, same great learning! New to PEIP 2016 is the addition of a Live Webcast option. Attendees will be able to send in their questions in real-time via our online moderators. If you wish to attend the conference from the comfort of your own home (or clinic), our Webcast option is for you. Webcast attendees will be sent sign-in information prior to the conference.

IMPORTANT REGISTRATION INFORMATION

- The deadline for registration is October 14, 2016. The ACFP will not process registrations past this date.
- Pre-Conference Workshops are available in-person only and are not part of the Live Webcast registration option.
- Attendees must pre-register for Pre-Conference workshops. Space is limited and on-site registration is not available. Workshop costs are added to the PEIP registration fee.
- In the event of a sell-out, a registration waitlist is available for those still interested in attending PEIP. Individuals may register for Live Webcast without losing their place on the waitlist and, if a conference seat becomes available, the Webcast registration fee will be applied to the full conference fee.

CANCELLATION/REFUND POLICY

- Cancellations must be received in writing on or before October 7, 2016, and will be subject to a \$50 processing fee.
- Refunds will not be considered after October 7, 2016.
- The Alberta College of Family Physicians reserves the right to cancel or postpone a program due to insufficient registration or circumstances beyond its control.

PEIP REGISTRATION IS ONLY AVAILABLE ONLINE. ON-SITE REGISTRATIONS ARE NOT PERMITTED.

Registration for PEIP is available online. The ACFP uses RegOnline, a secure third-party registration site, to process event registrations. You will be required to enter an email address to begin your registration. Each attendee is identified by his or her email address. Once you have entered your email address, you will be asked to create an account with RegOnline. Please select your own password for your RegOnline account.

If you are a past participant of an ACFP event, it is likely that you already have an account. Simply enter your email address and RegOnline password to continue your registration. If you do not recall your RegOnline password, you may request to reset your password.

If you have any problems with the online registration system, please call the ACFP office at 780-488-2395 or 1-800-361-0607 (Alberta only).

REGISTER NOW!

<https://www.regonline.ca/peip2016>

CONFERENCE PRESENTERS

G. Michael Allan, MD CCFP

Professor & Director of Evidence-Based Medicine, Department of Family Medicine, University of Alberta

Director, Evidence & Continuing Professional Development Program, Alberta College of Family Physicians

Sandra Baydock, MD FRCSC

Associate Clinical Professor, Department of Obstetrics and Gynaecology, University of Alberta

Sarah Forgie, MA MEd

Professor, Department of Pediatrics, Division of Infectious Diseases, Stollery Children's Hospital and University of Alberta

Vice-Provost (Learning Initiatives), University of Alberta

Carmen Gingles, MD CCFP

Family Doctor, Heritage Medical Clinic

Assistant Clinical Professor, Department of Family Medicine, University of Alberta

Trefor Higgins, MSc FCACB

Director of Clinical Chemistry, DynaLIFEDx

Clinical Professor, Department of Laboratory Medicine and Pathology, University of Alberta

Wesley Jackson, MD CCFP FCFP

Associate Professor, Department of Family Medicine, Cumming School of Medicine, University of Calgary

Scott Klarenbach, MD MSc FRCPC

Professor, Department of Medicine, University of Alberta

Director and Chair, Kidney Health Research Group

Michael R. Kolber, BSc MD CCFP MSc

Associate Professor, Department of Family Medicine, University of Alberta

Christina Korownyk, MD CCFP

Associate Professor, Department of Family Medicine, University of Alberta

Adrienne J Lindblad, BSP PharmD ACPR

Knowledge Translation & Evidence Coordinator, Alberta College of Family Physicians

Associate Clinical Professor, Department of Family Medicine, University of Alberta

James McCormack, BSc Pharm PharmD

Professor, Faculty of Pharmaceutical Sciences, University of British Columbia

Tony Nickonchuk, BSc Pharm

Clinical Pharmacist, Alberta Health Services

Loren Regier, BSP BA

Co-Director, Academic Detailing Service, Centre for Effective Practice

Program Coordinator, RxFiles Academic Detailing, Saskatoon Health Region



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FOR FURTHER INFORMATION

Alberta College of Family Physicians

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Conference Secretariat: Sharon Nickel

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