Join us for the 6th annual Practical Evidence for Informed Practice (PEIP) conference on October 20-21, 2017 in Edmonton, Alberta. With two ways to participate (in-person or via live webcast), the conference is a fully accessible, multidisciplinary event that showcases relevant, evidence-based, and thought-provoking topics in health care.

PEIP highlights focused reviews on topical issues that combine evidence, experience, and patient values. The conference is applicable to a variety of disciplines including physicians, pharmacists, nurses, nurse practitioners, and other allied health care providers.

DOUBLETREE BY HILTON WEST EDMONTON

Feel welcomed with a freshly baked chocolate chip cookie on check in. Spend your downtime exploring the city from this centrally located property. Just minutes from West Edmonton Mall and downtown Edmonton’s new Ice District and Rogers Place, there’s always opportunity for adventure.

ACCOMMODATIONS

Reserve a room before October 10 and registrants of the PEIP conference will receive the conference rate of $161/night for a standard one-king or two-queen guest room. One-bedroom king suites are also available at a rate of $189/night. Room rates include WiFi and parking.

When booking your accommodations, please reference “PEV” or book now via http://bit.ly/peiphotel
### FRIDAY, OCTOBER 20

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION</th>
<th>PRESENTER(S)</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00</td>
<td>Registration + Refreshments</td>
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<tr>
<td>13:00</td>
<td>Welcome + Introductions</td>
<td>Mike Kolber</td>
</tr>
<tr>
<td>13:30</td>
<td>What’s New, What’s True, What’s Poo</td>
<td>Mike Allan Mike Kolber Tina Korownyk Adrienne Lindblad</td>
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<tr>
<td>13:50</td>
<td>Who Gives a “CHEP” About Targets? A Hypertension Update</td>
<td>Raj Padwal</td>
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<td>14:10</td>
<td>Diabetic Sugar Meds: The Unsweetened Evidence for Outcomes That Matter Most</td>
<td>James McCormack</td>
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<tr>
<td>14:30</td>
<td>Questions + Answers</td>
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<tr>
<td>14:55</td>
<td>Refreshment Break</td>
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<tr>
<td>15:15</td>
<td>Head’s Up: What’s the Latest on Concussion?</td>
<td>Dhiren Naidu</td>
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<tr>
<td>15:35</td>
<td>Don’t Let the Evidence on Depression Getcha Down</td>
<td>Adrienne Lindblad</td>
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<tr>
<td>15:55</td>
<td>Questions + Answers</td>
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<tr>
<td>16:20</td>
<td>Is it High-Time for Medical Cannabis: Doobie-ous Evidence or Smokin’ Results?</td>
<td>Mike Allan</td>
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<tr>
<td>16:40</td>
<td>Opioids: The Cause of (and Solution to) all Things Pain</td>
<td>Jessica Kirkwood Tina Korownyk</td>
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<tr>
<td>17:10</td>
<td>Questions + Answers</td>
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</tr>
<tr>
<td>17:40</td>
<td>Friday Night Social</td>
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</table>

### FRIDAY NIGHT SOCIAL
Unwind at the end of the day and enjoy some light appetizers while you collaborate and network with your fellow peers.

17:40 -18:30 in the foyer.

### SATURDAY, OCTOBER 21

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION</th>
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<tbody>
<tr>
<td>07:15</td>
<td>Breakfast</td>
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<tr>
<td>08:00</td>
<td>Introductions</td>
<td>Mike Kolber</td>
</tr>
<tr>
<td>08:20</td>
<td>What’s New, What’s True, What’s Poo</td>
<td>Mike Allan Mike Kolber Tina Korownyk Adrienne Lindblad</td>
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<tr>
<td>08:40</td>
<td>“About Face”: Marching to the Changing Tune of Medical Evidence</td>
<td>Vinay Prasad</td>
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<tr>
<td>09:00</td>
<td>Interpreting Lab Tests: The Magic of “Normal” Ranges and Repeat Testing</td>
<td>James McCormack</td>
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<td>09:30</td>
<td>Questions + Answers</td>
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<tr>
<td>09:55</td>
<td>Refreshment Break</td>
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<tr>
<td>10:15</td>
<td>Prevent, Treat, Repeat: Getting Ahead of Migraines</td>
<td>Jennifer Bestard</td>
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<tr>
<td>10:35</td>
<td>Do You See What I See (or Don’t)? Office-based Ophthalmology for the Primary Care Provider</td>
<td>Steve Roberts</td>
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<tr>
<td>10:55</td>
<td>Questions + Answers</td>
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<tr>
<td>11:20</td>
<td>Gas, Pain, No Bowel Control: “Irritable” is Not the Word for This BS</td>
<td>Mike Kolber</td>
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<tr>
<td>11:40</td>
<td>Trials and Tribulations: 2017 Update on the Pragmatic Trials Collaborative</td>
<td>Scott Garrison</td>
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<tr>
<td>11:50</td>
<td>Questions + Answers</td>
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<tr>
<td>12:05</td>
<td>Lunch</td>
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<tr>
<td>13:05</td>
<td>Thyroid Nodules, Ultrasounds, Sailboats: Which One Does Not Belong?</td>
<td>Jennifer Young</td>
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<tr>
<td>13:25</td>
<td>Understanding the Effects and Marketing of Cancer Drugs: A Glance Behind the FDA Curtain</td>
<td>Vinay Prasad</td>
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<tr>
<td>13:45</td>
<td>Questions + Answers</td>
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<tr>
<td>14:10</td>
<td>Refreshment Break</td>
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<tr>
<td>14:30</td>
<td>Bite-sized Pearls From a Doctor With Little Patients: Pediatric Update 2017</td>
<td>Sam Wong</td>
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<tr>
<td>14:50</td>
<td>Social Determinants of Health: How a Warm Meal and Dry Home Beat 90% of Medications</td>
<td>Tony Nickonchuk</td>
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<tr>
<td>15:20</td>
<td>Questions + Answers</td>
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<tr>
<td>15:50</td>
<td>Wrap Up</td>
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### CONFERENCE PLANNING COMMITTEE

**Michael R. Kolber, MD CCFP MSc**  
Conference Chair  
Family Physician, Peace River

**G. Michael Allan, MD CCFP**  
Family Physician, Edmonton

**Carmen Gingles, MD CCFP**  
Family Physician, Edmonton

**Christina Korownyk, MD CCFP**  
Family Physician, Edmonton

**Adrienne J Lindblad, BSP PharmD ACPR**  
Pharmacist, Red Deer

**Tony Nickonchuk, BSc Pharm**  
Clinical Pharmacist, Peace River
important registration information

- Pricing (as listed) does not include GST.
- PEIP registrations are only available online. On-site registrations will not be considered.
- The deadline for registration is October 13, 2017.
- In the event of a sell-out, a registration waitlist is available for those interested in attending PEIP. Individuals may also register for the live webcast without losing their place on the waitlist and, if a conference seat becomes available, the webcast registration fee will be applied to the full conference fee.
- Pre-conference workshops are available in person only and are not part of the webcast registration option. Space is limited and on-site registrations are not available. Workshop costs are added to the PEIP conference registration fees.

Cancellation/Refund Policy

- Cancellations must be received in writing on or before October 5, 2017 and will be subject to a $50 processing fee.
- Refunds after October 5, 2017 will not be considered.
- The Alberta College of Family Physicians reserves the right to cancel or postpone a program due to insufficient registration or circumstances beyond its control.

Pre-conference Workshops

Please note that these sessions are held prior to the conference and are not included in the general registration fee. These workshops include small group and individual-led work, and a homework component will be sent prior to the workshop.

Spaces are limited. Workshops run concurrently on Friday morning; participants must choose one workshop.

Friday, October 20: 8:00 – 11:30
Practising Wisely: Reducing Unnecessary Testing and Treatment

Jennifer Young, Anthony Train

Practising Wisely is a suite of new continuing professional development opportunities for primary care providers. Participants will identify opportunities to “practise wisely,” with a focus on reducing over-prescribing, over-imaging, over-screening, and over-monitoring using the latest evidence and tools from diverse sources. This workshop aligns closely with the Choosing Wisely Canada (CWC) campaign to implement good health care stewardship and avoid over-medicalization.

Primary Care Transformation: How to Tackle Sticky Problems We Were Never Taught to Address

Brad Bahler, Nadine Letwin

In health care, we all eventually come face to face with problems outside our specific focus of control. These “system” problems in health care pose significant challenges to patients and primary care providers alike. This workshop will explore the System Transformation element of the LEADS Framework in health leadership. We will examine what is meant by systems transformation, expose participants to challenges that are rooted in our traditional mindset, and consider new approaches to problems we were never taught to solve.

Pre-conference Workshop Fees

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Practising Wisely (30 spaces available)</td>
<td>$325</td>
</tr>
<tr>
<td>Primary Care Transformation (30 spaces available)</td>
<td>$325</td>
</tr>
</tbody>
</table>
CONFERENCE PRESENTERS

G. Michael Allan, MD CCFP
Professor & Director of Evidence-Based Medicine
Department of Family Medicine, University of Alberta
Director, Evidence & Continuing Professional Development Program
Alberta College of Family Physicians

Jennifer Bestard, MD FRCPC
Neurologist
Red Deer, Alberta

Scott Garrison, MD PhD CCFP
Associate Professor, Department of Family Medicine
University of Alberta
Director, Pragmatic Trials Collaborative

Jessica Kirkwood, MD CCFP
Family Physician, Boyle McCauley Health Clinic
Edmonton, Alberta

Michael R. Kolber, MD CCFP MSc
Associate Professor, Department of Family Medicine
University of Alberta

Christina Korownyk, MD CCFP
Associate Professor, Department of Family Medicine
University of Alberta

Adrienne J Lindblad, BSP PharmD ACPR
Knowledge Translation & Evidence Coordinator
Alberta College of Family Physicians
Associate Clinical Professor
Department of Family Medicine, University of Alberta

James McCormack, BSc Pharm PharmD
Professor, Faculty of Pharmaceutical Sciences
University of British Columbia

Dhiren J. Naidu, MD FRCPC Dip. Sport Med.
Associate Professor, Division of Physical Medicine and Rehabilitation
University of Alberta
Team Physician, Edmonton Oilers and Edmonton Eskimos

Tony Nickonchuk, BSc Pharm
Clinical Pharmacist, Alberta Health Services
Peace River, Alberta

Raj Padwal, MD
Professor Division of General Internal Medicine
University of Alberta
Director, University of Alberta Hypertension Clinic

Vinay Prasad, MD MPH
Associate Professor of Medicine, Division of Hematology Oncology
Knight Cancer Institute, Portland, Oregon
Department of Public Health and Preventative Medicine
Senior Scholar, Center for Health Care Ethics
Oregon Health & Science University

Steve Roberts, MDCM FRCSC D.ABO
Ophthalmologist
Grand Prairie, Alberta

Sam Wong, MD FRCPC
Clinical Professor, Department of Pediatrics
University of Alberta
Stollery Children’s Hospital, Edmonton, Alberta
Stanton Hospital, Yellowknife, Northwest Territories

Jennifer Young, MD CCFP-EM
Chief of Family Practice, Collingwood General & Marine Hospital
Collingwood, Ontario
President Elect, Ontario College of Family Physicians

FOR FURTHER INFORMATION
Alberta College of Family Physicians
#370, 10403 – 172 Street | Edmonton, Alberta | T5S 1K9
Conference Secretariat: Sharon Nickel
780-248-2057 | 780-488-2395 | sharon.nickel@acfp.ca

FOR INFORMED PRACTICE
Practical Evidence
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FOR INFORMED PRACTICE CONFERENCE
OCTOBER 20-21, 2017 | EDMONTON, AB