



ALBERTA COLLEGE *of*  
FAMILY PHYSICIANS

60 YEARS



2015 YEAR IN REVIEW



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# A MESSAGE FROM THE PRESIDENT



2015 was a year of change and exciting challenges. Being involved in many discussions and decision making processes with my peers and colleagues in Alberta's health care system has been a great learning experience for me and it confirmed for me that the ACFP is a well-respected voice of family physicians in Alberta and in Canada.

Here are a few highlights for me this last year:

- I have been closely involved in the process of evolving the ACFP's governance structure and resulting governing documents along with other dedicated Board members who agreed to see it through. I would like to acknowledge Drs. Pat Smith and Cathy Scrimshaw for their tireless efforts in making all this happen. This was difficult and sometimes tedious work that has resulted in a proposal that our members have responded favourably to.
- The winds of change in government made it difficult to know where to focus our advocacy efforts though we were able to meet with the Minister to ensure there was a clear understanding of our drive to advance the patient-centred medical home for every Albertan.
- A focus on primary care to be a driver in transformation of the health care system has made it necessary for us to look for additional leaders in family medicine to step up and be involved in developing ideas into reality for improving the care of our patients, their families, and the communities that they live in.

- Coalitions and partnerships were strengthened this year such as the Primary Care Alliance, the Seniors Care Coalition, the Leadership Secretariat (EngagePrimaryCare.ca), and many other committees and coalitions of the willing to achieve our goals and strategic priorities.
- We continue to seek new ways to support our members with continuing professional development, leadership, linking leaders to high level system design work, and engaging with members to identify needs and celebrate successes.

For one more year, I have the privilege of being your president. I want to focus on building a new Strategic Plan with our new Board of Directors that will guide the ACFP into the future. We have seen a lot of progress in the last few years and we hope to set up a trajectory for even greater things to come.

Thank you for your support over the last year!

A handwritten signature in black ink, consisting of several overlapping loops and a long, sweeping underline that extends to the left.

John Chmelicek, MD, CCFP, FFAFP, FAWM  
President  
Alberta College of Family Physicians

# ACFP STRATEGIC PLAN PUT INTO ACTION

The ACFP Board of Directors and staff remain focused on the priorities identified in the strategic planning cycles. We have come to the end of the 2013-2015 plan and are looking at the next set of priorities to work toward. We are looking forward to creating the next framework and plan. With a small but dedicated staff team, selfless volunteer members who make up our Board and committees, and the strong relationships with our partners, we have accomplished everything we set out to do.

## Vision

Advancing health for patients, their families, and communities where every Albertan has a patient-centred medical home.

## Values

As Family Physicians,

- ***We Value Professionalism.***  
The ACFP will act with integrity and respect, being accountable and responsible to its members.
- ***We Value Lifelong Learning.***  
The ACFP will support and inspire lifelong learning through strong post-secondary and practice-based learning and continuing medical education (CME) for its members.
- ***We Value Health for People, Centred in Excellent Care.***  
The ACFP is comprised of caring, comprehensive, and integrated family medicine leaders who value excellence. To improve health outcomes, the ACFP inspires personal interactions that build strong, trusting relationships amongst our members and the communities they serve.
- ***We Value Proactive Leadership.***  
The ACFP will lead and participate in credible and proactive collaboration with stakeholders to advance excellence in family medicine.
- ***We Value the Views and Needs of Our Membership.***  
The ACFP is inclusive and reflective of its members' views and needs, advancing professional autonomy through responsive and adaptive advocacy, research, and education.

## Mission

The Alberta College of Family Physicians promotes excellence in family medicine for patients, families, and communities through advocacy, education, and research.

# GOALS

## **GOAL 1:**

### **Engaged and Empowered Members**

Family physicians in Alberta are enthusiastic about belonging to the ACFP and participating in its activities.

## **GOAL 2:**

### **The Voice of Family Physicians**

The ACFP is the respected and influential voice of family physicians in Alberta.

## **Goal 3:**

### **Informed and Respected Practice Resource**

The ACFP is the respected source of best practice resources for family medicine and the provision of community-based care through patient-centred medical homes.

## **Goal 4:**

### **Collective Engaged Scholarship**

The ACFP is a community of practice engaged in education and research to continuously improve the delivery of high quality care.

A large, stylized graphic of a branch with several leaves, rendered in a light beige color against a darker beige background. The branch starts from the bottom right and extends towards the top left.

**GOAL 1:**  
Engaged and  
Empowered Members



All member or association organizations share the same desired goal—they want their members to get involved and stay engaged. We applaud our members who are engaged and present. They share their time, thoughts, and leadership in the meaningful conversations the ACFP has involving primary care transformation, chapter growth and development, and member needs and interests.

ACFP members are diverse and have a wide range of interests. They are innovative and have taken initiative and led their colleagues in their clinics, province, and across the country. The ACFP is happy to support and empower our members. We promise to listen and find ways to help advance the profession, family medicine, and community-based care.

### **Key Activities and Highlights Include:**

#### **CONNECTING WITH OUR GROWING MEMBERSHIP**

The ACFP continues to see growth in its membership each year. In 2015, we surpassed 4,300 members! The continual assessment of member needs in order to continually advance excellence in family medicine requires commitment on the side of the organization's administration, but also the members themselves. Responses to member surveys and focused discussions with Directors of the Board provide ongoing guidance and measurement of our effectiveness.

#### **FIRST FIVE YEARS IN FAMILY PRACTICE**

The largest membership segment of ACFP Members is members under the age of 35. Entering the first five years of practice is much different for family physicians today than it was 20 years ago—the system is more complex. There are more forms, papers, and processes. However, fundamentally at its core, many of the same challenges exist: transition to practice; practice management tips and tools; and feeling isolated and a need for professional support or a community of practice. To assist members in this unique physician segment, a First Five Years in Family Practice (FFYFP) committee was struck in 2015. Leaders emerged and right away activity began to support colleagues facing the same challenges our committee members faced. The FFYFP committee is determined to provide support to its fellow colleagues and a platform for knowledge transfer through its networking activities and website.

#### **EMPOWERING MEDICAL STUDENTS AND FAMILY MEDICINE RESIDENTS**

The ACFP recognizes the need to meet with potential members early. As with any profession, the relationships built at the beginning of a career are often the most profound and long-lasting. It is the ACFP's mission to ensure that every family physician feels that they are part of a larger community of professionals that is willing to offer support and encouragement throughout their careers. We have partnered with the Alberta Medical Association's Sections of General Practice and Rural Medicine to host the Shadowing Program for first year medical students. Also available are funding and networking opportunities for residents. The ACFP is committed to connect and support our members in their critical first years of practice.

#### **CELEBRATING FAMILY PHYSICIANS THROUGH HONOURS AND AWARDS**

The ACFP Awards program provides an opportunity for members to pause and celebrate their colleagues. This year, the number of award nominations was overwhelming. The importance of recognizing excellence in family practice by peers and communities served speaks to the quality of Alberta's family physicians. Many ACFP members were also honoured by the national office's Honours and Awards Program.

> GOAL 1: Engaged and Empowered Members

## Membership

- The Alberta College of Family Physicians (ACFP) is a provincial, professional voluntary organization, representing over 4,406 family physicians, family medicine residents, and medical students in Alberta.
- The ACFP regularly assesses its continuing professional development (CPD) programs to obtain member feedback. In 2015, the ACFP presented two full conferences—the 60th Annual Scientific Assembly (ASA) and the 4th Annual Practical Evidence for Informed Practice (PEIP) conference—and several CPD Roadshows.
- In 2015, due to its role in the Leadership Secretariat, the ACFP reached out to its members to learn about leadership development needs and assess interest in engagement opportunities.
- Membership in the ACFP has increased steadily and significantly over the last few years:
  - » Membership rose by 7%
  - » As of December 2015, ACFP's membership has grown to 4,406 family physicians, family medicine residents, and medical students

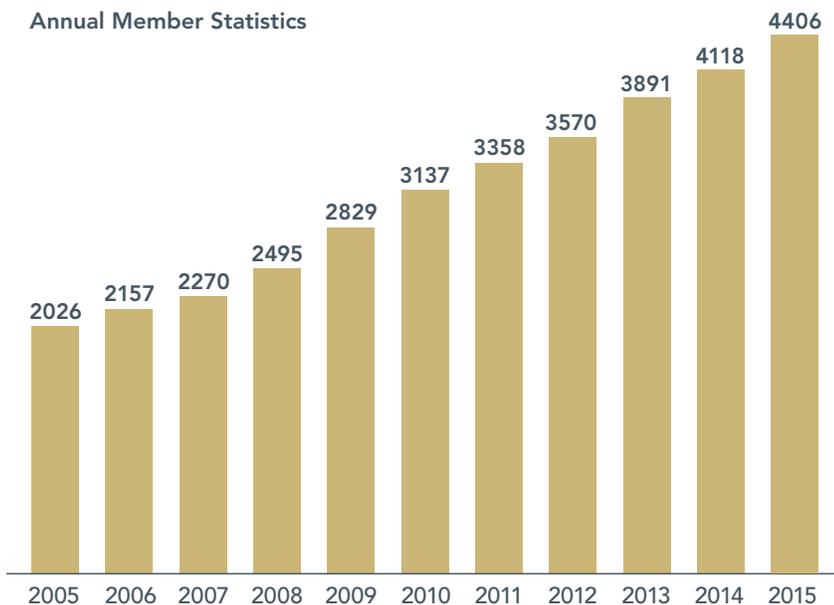
### FIRST FIVE YEARS IN FAMILY PRACTICE

The ACFP's FFYFP Committee met for its inaugural committee meeting on May 11, 2015. ACFP Executive Director Terri Potter facilitated the meeting and Committee members participated in reflective exercises and brainstorming, and identified areas of priority for those physicians in their first five years of practice.

The mandate of the Committee includes:

- Raising awareness of the ACFP's programs, products, and services amongst family physicians in their first five years of practice
- Providing a leadership opportunity for family physicians in their first five years of practice
- Developing programs and/or resources targeting the needs of family physicians in their first five years of practice
- Surveying family physicians in the first five years of practice to determine important issues
- Communicating with family physicians in their first five years of practice via website, email, Facebook page, Twitter, and other media as required

### Annual Member Statistics



## GOAL 1: Engaged and Empowered Members <

- Bringing issues affecting family physicians in their first five years of practice to the attention of the national Membership Advisory Committee (MAC) and the CFPC through the ACFP FFYFP representative
- Serving as a resource for the ACFP Board Representative to CFPC's MAC, and other areas within the CFPC, whenever the opinions of family physicians in their early years in practice are sought

Based on the above mandate, the Committee strategized the following activities to serve as their work plan:

- Develop a web portal for knowledge sharing
- Gather and share resources on the webpage for those struggling with work/life balance
- Develop and make available through the webpage a "starter kit"
- Develop a billing "quick list"
- Create FAQs

Subsequently, the ACFP was excited to launch the First Five Years in Practice webpage in November 2015. Many resources are provided on or accessible through the webpage and have been organized into the following areas: Practice Management, Work/Life Balance, Transition to Practice and a "starter" or Toolkit of resources and tools to assist those starting out in their career.

In addition to establishing FFYFP Twitter and Facebook profiles, a blog series entitled "Oh My Blog!" was launched to share personal reflections from Committee Members about transitioning into the first five years of practice. Social media will serve to engage, inform and interact with those beginning a new career as a family physician.

### *First Five Years in Family Practice Committee*

#### *Chair*

Dr. Vishal Singh Bhella, Calgary

#### *Members-at-Large*

Dr. Trevor Day, Edmonton

Dr. Kaili Hoffart, Edmonton

Dr. Diana Hong, Edmonton

Dr. Rabiya Jalil, Calgary

Dr. Evelyn Ma, Calgary

Dr. Carolyn Nowry, Calgary

Dr. Clark Svrcek, Calgary (Resident Representative)

Dr. Dinesh Witharana, Lethbridge



FFYFP COMMITTEE, CLOCKWISE FROM BACK ROW: DRs. TREVOR DAY, DIANA HONG, VISHAL BHELLA, DINESH WITHARANA, KAILI HOFFART, RABIYA JALIL, CAROLYN NOWRY

## > GOAL 1: Engaged and Empowered Members

### Medical Students and Residents

#### FAMILY PRACTICE CAREER AWARENESS

- The ACFP continues to support and have a positive presence among medical students in Alberta.
- The ACFP encourages and supports students' choice of family medicine as a career.
- The ACFP funds various student-related activities, offers student scholarships and awards, funds graduation, and provides resources to family medicine interest groups to encourage student participation at family medicine conferences (ASA and College of Family Physicians of Canada's Family Medicine Forum).

#### UNIVERSITY OF ALBERTA MEDICAL STUDENT INFORMATION SESSION

- The ACFP hosted two information sessions for first and second year medical students at the University of Alberta. This was an opportunity for family physicians and family medicine residents to share their passion for family medicine with medical students and provided an opportunity to promote the College and family medicine.
- Sessions were well received, and are regularly attended by 100+ students.
- Overall, students feel the sessions are valuable and provide firsthand details about careers in family medicine in an informal environment.

#### UNIVERSITY OF ALBERTA AND UNIVERSITY OF CALGARY STUDENT ORIENTATIONS

- The ACFP provided sponsorship and attended the medical student orientations at both the University of Alberta and the University of Calgary.
- The ACFP had an exhibit booth which provided an excellent opportunity to promote the College and family medicine to incoming students.

#### SUPPORTING OUR FUTURE LEADERS

- The ACFP provided funding for medical students and residents to attend FMF and the 60th ASA.
- Awards and scholarships were awarded to University of Alberta and University of Calgary medical students.

#### ALBERTA MEDICAL STUDENTS CONFERENCE AND RETREAT (AMSCAR) – COMMITMENT TO GOLD SPONSORSHIP

- The ACFP (in partnership with the University of Calgary, Department of Family Medicine and University of Alberta, Department of Family Medicine) was a major sponsor of the joint University of Alberta, University of Calgary Medical Student Conference in Banff on January 23–25, 2015.
- More than 300 students attended the conference, and sponsorship allowed the opportunity to showcase family medicine.
- The ACFP had an exhibit booth which provided an excellent opportunity to support and interact with medical students and create awareness for the various activities and initiatives offered by the College.

#### **FACULTY RESIDENTS EXTRAVAGANZA AND EDUCATIONAL RETREAT (FREeZER)**

- Held in Jasper from March 27–28, 2015.
- ACFP Staff attended and networked with the 50 residents in attendance.
- The purpose of the retreat is to learn about career options, attend academic, recreational and social events, and connect with prospective employers.
- Dr. Khurram Jahangir presented MAINPRO®+ on behalf of the CFPC at the retreat.

#### **SHADOWING PROGRAM FOR INCOMING MEDICAL STUDENTS**

- The shadowing program for incoming medical students had a record number of students participating with 71 first year medical students paired with family physicians for a shadowing experience prior to the start of school.
- The program provides students with a positive and genuine understanding of the scope of family medicine before starting their formal medical education and exposure to other medical specialties.
- Students highly recommend the program as it provides them with invaluable exposure to the scope, opportunities, and variation in family practice. Eighty percent of the students who participated indicated they would now consider family medicine as their long term career goal due to the positive experiences they encountered during shadowing.
- Physicians continue to be surprised at how keen, excited, and enthusiastic the students are.

#### **THE UNIVERSITY OF CALGARY ANNUAL FAMILY MEDICINE SHOWCASE**

- Held on September 28, 2015 at the Red & White Club in Calgary.
- The ACFP staff attended and networked with approximately 150 attendees, including medical students, family medicine residents and practicing family physicians.
- A mix-and-mingle social event took place in the evening, with the purpose of promoting Family Medicine.

> GOAL 1: Engaged and Empowered Members

## Alberta College of Family Physicians Awards

The ACFP recognizes the achievements and professional commitment of its members and is committed to acknowledging members providing quality patient care through education, research, and promotion of best practices.

### ALBERTA 2015 FAMILY PHYSICIAN OF THE YEAR

*Congratulations to Family Physician of the Year  
Dr. Margaret Churcher*

The ACFP is pleased to announce that Dr. Margaret Churcher of Calgary is Alberta's Family Physician of the Year for 2015. Recipients of this prestigious award are chosen by their peers for making significant contributions to the health and well-being of their communities, dedicating themselves to the education of future generations of family doctors and, most importantly, for providing exceptional care to their patients.

Dr. Margaret Churcher grew up in Ottawa and attended Queen's University for eight years (BSc in Biology and MD). She then travelled to Dunedin, New Zealand for a one-year housesurgeon position (similar to internship in Canada), returning to Edmonton for a stint in Internal Medicine, followed by a general medicine pre-licensure year. Dr. Churcher sits on many committees such as the Provincial Advisory Council-Cancer as vice-chair, e-referral planning committees, and on boards of the Mosaic PCN. She has facilitated a Mainpro-C independent small group for 22 years. Dr. Churcher has been married for 27 years to her husband, chef, and photographer, Nelson Smith, and is very proud of their daughter, Rachel, a kinesiologist and talented artist and writer. Dr. Churcher has worked in a team-based care practice for more than 20 years and has a special interest in shared mental health care for all ages, diabetes, chronic disease, and pulmonary disease. Dr. Churcher is also an accomplished and certified yoga teacher.



 "As a colleague, I admire her commitment to her patients and ability to provide them a very highly functioning medical home. As well, her passion extends beyond the local level to the provincial level where she sits on a number of groups and committees providing feedback from a family physician perspective" says colleague Dr. Oliver David. "She leads by example and is a model physician whom others, myself included, should try to emulate."

#### ADDITIONAL ACFP 2015 AWARD RECIPIENTS

##### ***ACFP Student Leadership – Rising Star Award***

University of Alberta – Rabia Bana  
University of Calgary – Sara Porisky

##### ***Family Medicine Resident Leadership Award***

University of Alberta – Dr. Jackson Chu

##### ***ACFP New Professional Award***

Dr. Robert Warren, Sundre

##### ***Recognition of Excellence***

Dr. Tania Lemay, Calgary  
Dr. Pawel Niemczewski, Calgary

#### CFPC Awards

Congratulations to ACFP members receiving national awards in 2015!

##### **DONALD I. RICE AWARD**

Dr. Robert J. Wedel, CCFP, FCFP  
Taber, AB

##### **JANUS RESEARCH GRANTS**

Dr. Divya Garg, CCFP  
Calgary, AB  
*A collaborative care model for chronic disease management in diabetes – involvement of community pharmacists in complex care plans, a pilot study*

##### **JANUS CONTINUING PROFESSIONAL DEVELOPMENT (CPD) GRANTS**

Dr. Robert Warren, CCFP  
Sundre, AB  
Independent Practitioner,  
Canadian Emergency Ultrasound Society

##### **SADOK BESROUR GRANT FOR GLOBAL HEALTH PROJECTS**

Dr. Jazmin Marlinga, CCFP  
Calgary, AB  
*Optimizing Chronic Disease Management in the Batey Communities of Haitian migrant workers surrounding Santo Domingo, in the Dominican Republic*

#### Awards for Family Medicine Residents

##### **MURRAY STALKER AWARD**

Dr. Nureen Sumar, CCFP  
University of Calgary

##### **RESEARCH AWARDS**

Dr. Karen Leung, CCFP  
University of Alberta  
*Melatonin for the prevention of delirium and management of evening behavioural disturbances in dementia: A systematic review & meta-analysis*

##### **LEADERSHIP**

University of Alberta – Dr. Stephen Annand  
University of Calgary – Dr. Nureen Sumar

##### **SCHOLARLY ACHIEVEMENT**

###### ***University of Alberta***

Dr. Jaspreet Mangat

###### ***University of Calgary***

Dr. Alexandra Kirvan  
Dr. Kelsey Macleod  
Dr. Kim Taylor

#### Awards for Medical Students

University of Alberta – Mr. Cian Hackett  
University of Calgary – Ms. Sara Janelle Towers Porisky

##### **INDIGENOUS MEDICAL STUDENT SCHOLARSHIPS**

University of Calgary – Ms. Meghan Olson

##### **LEADERSHIP**

University of Alberta – Dr. Braden Teitge  
University of Calgary – Dr. Lana Myroniuk

## > GOAL 1: Engaged and Empowered Members

### Life Members in the CFPC

Life Membership is awarded to those who have attained the age of 70 or greater and have been CFPC members in good standing for at least 10 consecutive years immediately prior to the date of nomination. The following ACFP members were awarded life memberships in the College of Family Physicians of Canada:

Dr. Richard G. Chaytors, Edmonton  
Dr. Leighton D. Dujon, Edmonton  
Dr. Ashraf M. Elfiky, Sherwood Park  
Dr. Ronald G. Gorsche, High River  
Dr. Dennis K. Hall, Redcliff  
Dr. Antony M. Irving, Pincher Creek  
Dr. Dennis W.S. Kreptul, Calgary  
Dr. Russell J. Sawa, Calgary  
Dr. Elizabeth Schick, Edmonton  
Dr. Calvin M. Stewart, Lethbridge  
Dr. Paul C.K. Yong, Edmonton

### Fellowship in the CFPC

Fellowship in the College of Family Physicians of Canada (FCFP) is awarded to Certificants who have demonstrated their commitment to practice-based, life-long learning. In 2015, the following ACFP members received Fellowship in the College of Family Physicians of Canada:

Dr. Katherine J. M. Abel, Leduc  
Dr. Fariba Aghajafari, Calgary  
Dr. Carmen Benkoczi, Lethbridge  
Dr. Penny J. Borghesan, Calgary  
Dr. Amelia Correia, Medicine Hat  
Dr. Antia O. Daniel, De Winton  
Dr. Omotayo F. Dawodu, Calgary  
Dr. Victor T. Fadayomi, Calgary  
Dr. Hendrik J. Faul, Medicine Hat  
Dr. Juan Antonio Garcia-Rodriguez, Calgary  
Dr. Ernst L. Greyvenstein, Calgary  
Dr. Sudha Koppula, Edmonton  
Dr. Charlotte Lefebvre, Calgary  
Dr. Anoop Manocha, Calgary  
Dr. Margaret R. McPhedran, Edmonton  
Dr. Randy Naiker, Edmonton  
Dr. Wayne Leonard Nesbitt, Canmore  
Dr. Omar Rahaman, Edmonton  
Dr. Karen Seigel, Calgary  
Dr. Dave Sinha, Cochrane  
Dr. Mark A. Smillie, High River  
Dr. Sandy Tam, Edmonton  
Dr. Marius Van Vuuren, Calgary  
Dr. Paul Walsh, High Level  
Dr. Irene Wiens, Okotoks  
Dr. Marci Wilson, Sylvan Lake

## Alberta's First Year Certificants

Dr. Codruta Abhilash  
 Dr. Joel Agustin  
 Dr. Olusegun Ajayi  
 Dr. Mark Akerman  
 Dr. Ibrahim Al Jahash  
 Dr. Mukhtar Ali  
 Dr. Shazia Ali  
 Dr. Jennifer Amyotte  
 Dr. Jeffrey Anderson  
 Dr. Stephen J. Annand  
 Dr. Akolisa Anyaduba  
 Dr. Emily Ardell  
 Dr. Azadeh Arjmandi  
 Dr. Nancy Aul  
 Dr. Katelyn Bacon  
 Dr. Housam Eddin Bada  
 Dr. Josias Badenhorst  
 Dr. Alice Bailey  
 Dr. Anupinder Bains  
 Dr. Kellen Baptiste  
 Dr. Alma Bencivenga  
 Dr. Catherine Bereznicki  
 Dr. Kabir Bhanot  
 Dr. Lindsay Bick  
 Dr. Sarah Biss  
 Dr. Gurkirti Brar  
 Dr. Thomas Bredenkamp  
 Dr. Alan Brilz  
 Dr. Carolyn Bulman  
 Dr. Steven Burt  
 Dr. Lecia Buys  
 Dr. Brandon Cai  
 Dr. Natasha Cameron  
 Dr. Aisling Campbell  
 Dr. Lara Canu  
 Dr. Nicole Cardinal  
 Dr. Samantha Carey  
 Dr. Pik Kwan Annie Chan  
 Dr. Ali Chatha  
 Dr. Jonathan Chi  
 Dr. John Chi  
 Dr. Wai Lum Chu  
 Dr. Michelle Coetzee  
 Dr. Andrew Collins  
 Dr. Sinead Cooney  
 Dr. Carly Crewe

Dr. Kathryn Crowder  
 Dr. Michael Cunningham  
 Dr. Marc Curial  
 Dr. Helen Alexandra Davis-Herdman  
 Dr. Akinkunmi Dayo  
 Dr. Jan Christoffel de Waal  
 Dr. Joanna Debosz  
 Dr. Pascaline Decaigny  
 Dr. Roisin Dempsey  
 Dr. Kevin Desmarais  
 Dr. Mark Devlin  
 Dr. Sholeh Dezfuli  
 Dr. Navdeep Dhaliwal  
 Dr. Rajan Dhaliwal  
 Dr. Kathryn Dong  
 Dr. Magda du Plessis  
 Dr. Paula Dubois  
 Dr. Stephanie Dueck  
 Dr. Kiran Duhra  
 Dr. Melissa Dymond  
 Dr. Simon Efenure  
 Dr. Adeboye Efunnuga  
 Dr. Tamer El Mays  
 Dr. Brett Elsdon  
 Dr. Alyssa England  
 Dr. Charlotte Espie  
 Dr. Galal Fahim  
 Dr. Dustin Falk  
 Dr. Joshua Fanaeian  
 Dr. Lauren Feldhoff  
 Dr. Robert Flook  
 Dr. Stephen Fox  
 Dr. Owen Gagne  
 Dr. Adrian Geambasu  
 Dr. Grenvil Gracias  
 Dr. Shannon Grant  
 Dr. Rachel Greenwood  
 Dr. Daniel Gusberti  
 Dr. Emmanuel W. A. Gye  
 Dr. Andrew Halladay  
 Dr. Reem Hamdi  
 Dr. Reena Hansen  
 Dr. Vishal Hansraj  
 Dr. Dulynn Hastings  
 Dr. Jenna Haugen  
 Dr. Kathryn Haywood

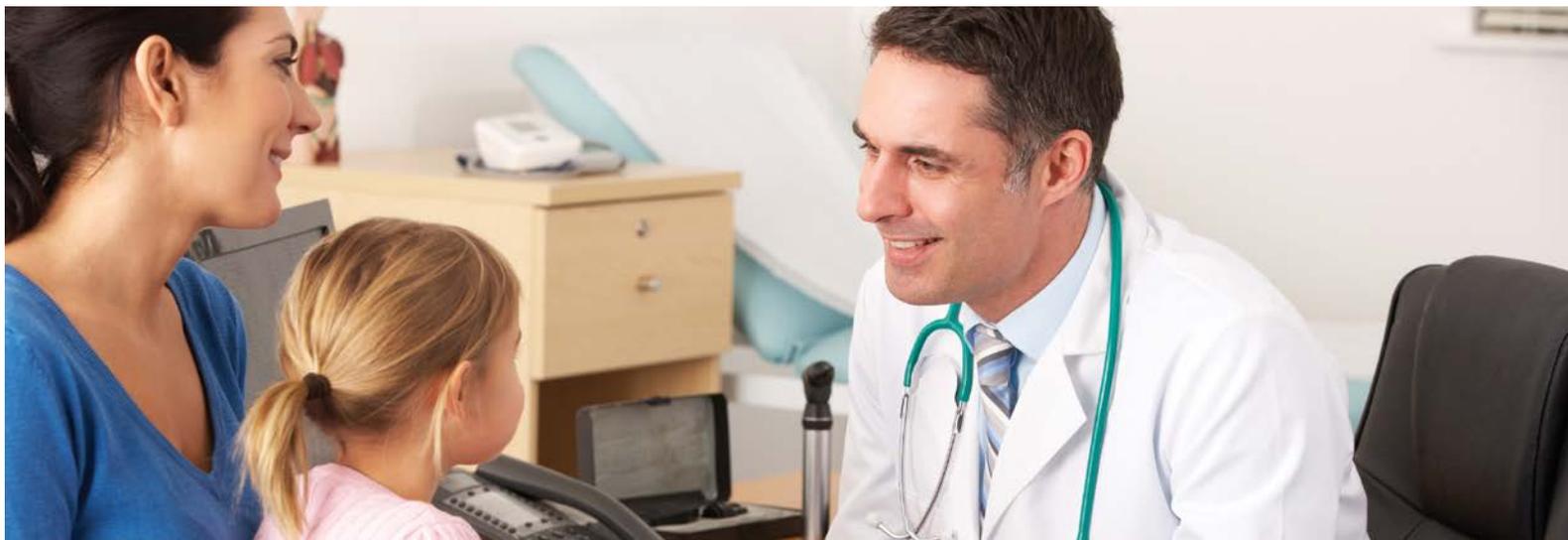
## Alberta's First Year Certificants – continued

Dr. Ginette Heeps  
Dr. Matthew Thomas Henschke  
Dr. Steven Hitchen  
Dr. Ryan Hoeve  
Dr. Katherine Hollinshead  
Dr. Brett Hollowell  
Dr. Mark Horne  
Dr. Christopher Ryan Hoskins  
Dr. Wendy Howery  
Dr. Megan Hurley  
Dr. Andrew Irianan  
Dr. Habeeb Akbar Jah Raja  
Dr. Kishwar Jamal  
Dr. Aliya Jamal  
Dr. Nisha Jeerh  
Dr. Jade Jensen  
Dr. Jeanine Jensen  
Dr. Andrew Jervis  
Dr. Tomasz Karczewski  
Dr. Jennifer Kavalinas  
Dr. Elizabeth Kelly  
Dr. Katrina Kelly  
Dr. Sarah Kennedy  
Dr. Mohammad Khan  
Dr. Ahsen Khan  
Dr. Navneet Singh Khosa  
Dr. Alexandra Kirvan  
Dr. Kristen Kokotilo  
Dr. Kimberly Kong  
Dr. Olga Konwisorz  
Dr. Christopher Korol  
Dr. Kimberley Krueger  
Dr. Cynthia Kwong  
Dr. Cindy Lee  
Dr. Victoria Lee  
Dr. Bryan Lee  
Dr. Ryan Leo  
Dr. Karen Leung  
Dr. Jemma Li  
Dr. David Liknes  
Dr. Rachel Linke  
Dr. Scott Linton  
Dr. Yang Liu  
Dr. Stephanie Liu  
Dr. Brian Loewen  
Dr. Clinton Logan  
Dr. Richard Low  
Dr. Kelly MacGregor  
Dr. Scott MacLean  
Dr. Kelsey MacLeod  
Dr. Arvinder Mahrok  
Dr. Safana A. Makhdoom  
Dr. Megan Manning  
Dr. Vani Mansani  
Dr. Sara Marcotte  
Dr. Olexandra Markevych  
Dr. Laura Matemisz  
Dr. Alex Mazurek  
Dr. Felicien K. M. Mbuyi  
Dr. Lindsay McCormick  
Dr. Lauren McGruthers  
Dr. Matthew McIsaac  
Dr. Elizabeth McKoen  
Dr. Kirstie McLelland  
Dr. Ndid Metuh  
Dr. Brooke Miller  
Dr. Kirandeep Minhas  
Dr. Saqib Mirza  
Dr. Autumn Mochinski  
Dr. Husein Mooloo  
Dr. Adededeji Mosadomi  
Dr. Cathlin Mutch  
Dr. Cody Nelson  
Dr. Eadaoin Ni Choileain  
Dr. Erin Nicholls  
Dr. Jenessa Nyvall  
Dr. Ifechukwude Obuekwe  
Dr. Angela Ochs  
Dr. Eloho Odu  
Dr. Uche Oguekwe  
Dr. Jovita Ojadi  
Dr. Oladapo Olayiwola  
Dr. Jamie Olesen  
Dr. Kayode Oloniyo  
Dr. Arinze Onwumelu  
Dr. Kierra O'Regan  
Dr. Noreen O'Riordan  
Dr. Noelle O'Riordan  
Dr. Jodie Ornstein  
Dr. Akinseinde Osakuade  
Dr. Mouruf Oshodi  
Dr. Michelle Paradis

## Alberta's First Year Certificants – continued

Dr. Erin Park  
Dr. Christine Pask  
Dr. Rakesh Patel  
Dr. Andrea Perkins  
Dr. Dawn Poisson  
Dr. Vanessa Potok  
Dr. Papanna Praveen  
Dr. Andrew Provan  
Dr. Imran Raghavji  
Dr. Rithesh Ram  
Dr. Benjamin Rempel  
Dr. Famina Remtulla  
Dr. Naomi Rittberg  
Dr. Pierre Robichaud  
Dr. Tasha Rudzki  
Dr. Bryden Russell  
Dr. Abhilash Sailendra  
Dr. Joel San Agustin  
Dr. Sameer Sardesai  
Dr. Steven Sayers  
Dr. Hnan Sharif  
Dr. Ameet Singh  
Dr. Alicia Slade  
Dr. David Jonathan William Smith  
Dr. Mischa Snopkowski  
Dr. Tannis Spencer  
Dr. Kevin Stafford  
Dr. Donovan Stearn  
Dr. McKay Steed  
Dr. Logan Steed  
Dr. Jerrett Stephenson  
Dr. Gillian Stewart  
Dr. Frederik Steyn  
Dr. Erik Stilling  
Dr. Ruchika Swaro  
Dr. Colleen Sweeney  
Dr. Rannie Tao  
Dr. Brienne Tappay  
Dr. Kelli Taylor  
Dr. Shawna Taylor  
Dr. Kimberly Taylor  
Dr. Rory Thomson  
Dr. Elizabeth Tobola  
Dr. Kevin Tok  
Dr. David Tran  
Dr. Ian Turner  
Dr. Sarah Turner  
Dr. Chinweuba Udoeye  
Dr. Victoria Ung  
Dr. Navdeep Uppal  
Dr. Ankitkumar Vakil  
Dr. Trien Van  
Dr. James Van Camp  
Dr. Britteny Vanwerkhoven  
Dr. Vishal Vatts  
Dr. Ruan Venter  
Dr. William Ward  
Dr. Kara Warder  
Dr. Ben Wasserman  
Dr. Hannah Welsh  
Dr. Rachelle Westover  
Dr. Nim Wickramasekara  
Dr. Uys Winterbach  
Dr. Ryan Wong  
Dr. Charles Wong  
Dr. Carolyn Wong  
Dr. Justin Wong  
Dr. Christina Yang  
Dr. Ying Yao  
Dr. Donald Yung  
Dr. Haseebullah Zamani  
Dr. Adeb Zayani  
Dr. Marge Zuidhof

**GOAL 2:**  
The Voice  
of Family Physicians



The ACFP endeavored to provide positive, proactive, and responsive counsel to stakeholders in the provision of health care influencing policy development, innovation, and advancement of initiatives that will improve the health or the ability to provide comprehensive care to patients, families, and communities.

## Key Activities and Highlights Include:

### ALBERTA SENIORS CARE COALITION (ASCC)

The successful formation of the ASCC in 2014 was just the beginning of many important collaborations for the ACFP. The ASCC members were excited to be working together to affect a positive change for seniors care in Alberta's health care system. It started with a multi-disciplinary CPD conference to discuss best-practice models of care.

### FAMILY PHYSICIAN LEADERSHIP

Primary health care and community-based care have been identified as one of the critical influencers in systemic and transformational change for Alberta's health care system. Family physicians will be relied on to initiate and support the change and to provide the important community-based perspective on policy development, system reform, and patient care. A collaborative effort called the Engaged Leadership Secretariat was initiated between the Alberta College of Family Physicians, Alberta Medical Association's Section of General Practice, Alberta Health Services, the departments of family medicine at the University of Alberta and University of Calgary, and the Primary Care Network Evolution. The ACFP manages the administration of the Engaged Leadership Secretariat working toward a mandate to achieve leadership excellence through the provision of coordination, development programs, and support of professional leadership for family physicians in Alberta.

### ACFP COMMUNICATIONS

In 2014, the ACFP operationalized its communications strategy in support of its Strategic Plan and this year, we continued our efforts to present strong communications for our members. With a limited amount of resources, the marketing communications strategy employed key low-cost tactics including but not limited to: newsletters, website, social media, and various event marketing opportunities. Staff dedicated their efforts in sustaining existing programs and achieving the determined milestones. The ACFP's public awareness campaign to promote the value of the role of a family physician in a patient's life was once again launched during Family Doctor Week in Canada, November 9–14, 2015.

## Alberta Seniors Care Coalition

The ASCC continues to be an active committee since it came into existence back in 2014. The ASCC brings together the experiences and expertise of partners and networks who are involved in seniors health care in Alberta, including government and public agencies, the private, not-for-profit, and voluntary sectors, advocacy groups, and community partners. The ASCC's mission focuses on the strategic coalition of organizations in Alberta that have a commitment to improving seniors care and will work together discussing multiple perspectives, finding common vision, and inspiring its members to influence seniors care strategy in Alberta.

The ASCC hosted its first inaugural conference on April 25, 2015 at the DoubleTree by Hilton West Edmonton. The conference was well received by registrants and speakers who attended. The conference was a multidisciplinary event highlighting relevant, practice-based learning sessions with a focus on senior's health, innovative models of service delivery, dementia, palliative and end of life care. Attendees included physicians, pharmacists, nurses, nurse practitioners, and other allied health care providers. The one day conference included two keynote speakers and five concurrent 90-minute sessions.

Keynote topics presented included "Building Capacity to Care for Persons with Dementia: The Central Role of Primary Care" by Dr. Linda Lee and "Why Canada Needs a National Seniors Strategy" by Dr. Chris Simpson. The day included poster displays showcasing best practice models in the community including the following topics: transitions of care, team based delivery of care, innovative service delivery, integrated delivery models, and patient pathways/continuity of care.

## > GOAL 2: The Voice of Family Physicians

The ASCC continues to meet every second month with the ACFP leading the work as the Secretariat. The ASCC partners continue to work on improving coordination and integration of programs and initiatives, a willingness to collaborate on mutual priorities, collectively influence policy making, and the efficacy, effectiveness, and efficiency of the health care system to better serve Alberta's older residents and provide a unified approach and "one voice" to serve our aging population. Members of the coalition include:

- Alberta College of Family Physicians (ACFP)
- Alberta Health (AH)
- Alberta Health Services (AHS)
- Seniors Health Community & Seniors Addictions and Mental Health
- Seniors Health Strategic Clinical Network (SH SCN)
- Covenant Health
- Network of Excellence in Seniors Health and Wellness (NESHW)
- Alberta Medical Association (AMA)
- College and Association of Registered Nurses of Alberta (CARNA)
- Primary Care Alliance

### Family Physician Leadership

When the ACFP met to create the strategic plan in 2012, it was identified that family physician leadership was a critical area that required the ACFP's resources and time. In the last year, we have been able to solidify a partnership with AMA's Section of General Practice and Alberta Health Services, Primary Health Care to develop a leadership program that would accomplish three major goals:

1. To manage the demand and supply of family physicians being asked to work on projects in the transformation of our health care system in Alberta.
2. To support those family physician leaders that have and will continue to step up to get involved in guideline development, solutions for transitions in care, and integration of services for patients and caregivers within the system.
3. To build leadership development opportunities for family physicians working with their teams, in clinics, and Primary Care Networks (PCNs), and in order to engage with their community resources to support better health outcomes for their patients.

This program is well underway and will continue to grow in the coming years.

### ACFP Communications

The ACFP is often viewed as holding an exclusive communications channel to Alberta family physicians, family medicine residents, and medical students. This is a responsibility that we do not take lightly and guard our membership data and communications with and directed to our members very seriously.

In 2015, the ACFP continued to implement its Communications Strategy to guide its chapter activities, initiatives, and messaging.

- The ACFP continued to use its eNewsletter and President's Message as its primary push method of communications with its members. Readership for the ACFP eNewsletter and President's Message is strong and often above industry standards.

- The ACFP website continues to be the ACFP's primary communications platform and averages around 15,000 page views a month and approximately 4,400 visitors a month. The ACFP website is based on an open and flexible technology providing unique communication aids and integration with social media tools like Twitter, Flickr, and Blog threads.
- The ACFP has created a strong Twitter and Facebook presences reaching out to many physician members, health care partner organizations, and government and media representatives.
- The ACFP continued to employ event marketing opportunities in order to interact with members face-to-face. This included sponsoring or exhibiting at various medical student and family medicine resident events, regional physician forums, and attending the 2015 Accelerating Primary Care conference and the CFPC's FMF. The ACFP also coupled various hosting opportunities with its CPD events, the ASA and PEIP conference.

## 12th Annual Family Doctor Week November 9–14, 2015

- From November 9–14, 2015, ACFP celebrated and promoted Family Doctor Week, acknowledging the outstanding contributions of Canadian family physicians.
- The communications campaign kicked off a few weeks prior to announcing the ACFP's award recipients.
- A media release was distributed through Canada News Wire (CNW) to local television, radio and newspapers across the province.
- The communications campaign also included a public awareness campaign involving an in-clinic poster initiative and patient testimonials gathered from the ACFP's Family Docs Rock campaign. This year's posters included testimonials from last year's campaign.
- In lieu of a regional advertising, the ACFP scaled back its spending and opted to execute a low-cost social media campaign during Family Doctor Week to further promote the event and the value of the role of family physicians in patients' lives.



A stylized, light blue graphic of a branch with several leaves, positioned diagonally across the upper right portion of the dark blue background.

**GOAL 3:**  
Informed and Respected  
Practice Resource



The ACFP is the respected source of best practice resources for family medicine and the provision of community-based care through patient-centred medical homes.

## Key Activities and Highlights Include:

### SUPPORTING EVIDENCE BASED MEDICINE AND CPD PROGRAM

The ACFP is very proud of the collaboration between the Evidence Based Medicine (EBM) team at the University of Alberta and has offered an evolution of practical tools, programs, advice, and support to primary care in Alberta and Canada.

The ACFP is committed to creating a sustainable program that continues to provide best-practice solution for its members and abroad.

This physician-led initiative continues to grow and provide relevant and topical CPD tools and education. Established program components include:

- Tools for Practice
- ACFP's CPD Roadshows
- Practical Evidence for Informed Practice Conference
- Best Practice Support Visits
- GoMainpro, the online accreditation tool created by the ACFP
- The annual *Price Comparison of Commonly Prescribed Pharmaceuticals in Alberta* document
- The first iteration of its Mainpro-C accredited "Beginners' Guide to Sorting Out Research Claims" program



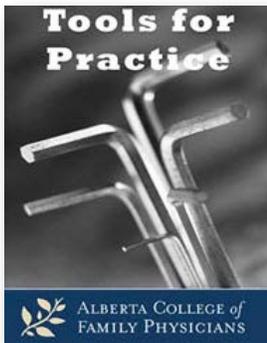
EVIDENCE AND CPD PROGRAM TEAM, FROM LEFT CLOCKWISE: DRS. ADRIENNE LINDBLAD, MIKE KOLBER, MIKE ALLAN, SCOTT GARRISON, TINA KORWONYK, AND MS. SHARON NICKEL

The team-based participation that is actively promoted by all of the program components allows all health care providers in primary care to engage and interact in an equal and meaningful way. This, in turn, empowers all family medicine practitioners and solidifies working relationships amongst those providing care to patients in the community, strengthening the health outcomes for the communities served, and building on the philosophy of the Patient's Medical Home model.

## Supporting Evidence Based Medicine and CPD Programs

In 2015, the ACFP's Evidence and CPD Initiative, led by Drs. Michael Allan, Michael Kolber, and Christina Korownyk, along with ACFP's Knowledge Translation and Evidence Coordinators, Adrienne Lindblad (PharmD) [maternity leave] and Caitlin Finley [interim], and Evidence and CPD Program Coordinator, Sharon Nickel, delivered the following program components:

### TOOLS FOR PRACTICE



ACFP SENDS TOOLS FOR PRACTICE ARTICLES TO MORE THAN 20,000 SUBSCRIBERS EVERY TWO WEEKS.

Twenty-four articles were distributed electronically to all Alberta Chapter members, regular subscribers, and partnered provincial chapters (Manitoba, New Brunswick, Nova Scotia, Ontario, and PEI). As of the fourth quarter of 2015, all articles are also delivered in French.

Subscriptions continue to grow across the country (and internationally) and the Tools for Practice page was the top viewed page on the ACFP website in 2015.

- Coordinated by Dr. Allan, Tools for Practice (TFP) is a bi-weekly article summarizing medical evidence with a focus on topical issues and practice-modifying information.
- The content is written by practicing family physicians and other allied health care professionals.
- Each article is peer-reviewed, ensuring a high standard of quality, accuracy, and academic integrity.

All TFP articles are available on the ACFP website at [www.acfp.ca](http://www.acfp.ca).

### CPD ROADSHOWS

The CPD Roadshows continue to be a popular offering of the program with more than 20 modules for delivery on a variety of common clinical topics. With the addition of new communities in 2015, Roadshows have been delivered across the province in 16 communities.

- In 2015, a total of three Roadshows were held:
  - » Canmore (January 13)
  - » Medicine Hat\* (February 20)
  - » Lethbridge (February 21)
- The most popular topics in the program year:
  - » Infections and Immunizations
  - » Back and Other Common Pain Conditions
  - » Top 10 Primary Care Studies of the Year

\* The Medicine Hat event was hosted by the Palliser PCN, who handled registration and collected fees. Content delivered was Roadshow-accredited and evaluations were provided by the ACFP.

### PRACTICAL EVIDENCE FOR INFORMED PRACTICE (PEIP) CONFERENCE

PEIP brings together clinical leaders that speak on the latest findings that can affect practice and patient treatment, and is applicable to a variety of disciplines, including physicians, pharmacists, nurses, nurse practitioners, and other allied health care providers. It highlights relevant, evidence-based, and thought-provoking topics in health care.

- The fourth annual PEIP conference—held November 6–7, 2015 at the DoubleTree by Hilton Hotel West Edmonton—sold out before the early bird date, nearly six weeks before the event.
- Held over a day and a half, the conference included 17 sessions and 11 speakers, and was delivered to 423 attendees (including speakers), exceeding the event goal of 410.
- Program development, driven by the planning committee and using a solicited approach, earned an evaluation rating of 4.94/5.0 (for relevancy to family medicine).

- The interactive forum includes focused reviews that combine evidence, experience, and patient values, and earned an average evaluation rating of 4.89/5.0 (for organization, facilitation, and delivery).
- The option for electronic evaluation was increasingly popular in 2015 and 92% of all responses were completed via the web, where the overall response rate was 62%.
- The overall conference experience was rated 4.79/5.0, 97% of attendees plan to return next year, and 99% of attendees would recommend this event to a colleague.

The planning committee has booked the DoubleTree for the 2016-18 events. Capacity will remain at approximately 400 attendees and there are no plans to expand the event to a larger venue in the city at this time; however, the ACFP may consider adding a live-stream component to the conference to better reach interested parties in rural areas and other provinces.



What our attendees said:

*"The basic mantra of 'let's look at the evidence' just makes sense."*

*"It is so refreshing to get unbiased information that can be used to change practice."*

*"It's the perfect educational opportunity for practising family physicians and my favourite conference of the year."*

### EVIDENCE-BASED MEDICINE MAINPRO®-C PROGRAM

In response to requests from Chapter membership and learners at other CME events for an Evidence-Based Medicine workshop, the Evidence and CPD team developed an introductory learning program, "Excellent or Excrement: Beginners' Guide to Sorting Out Research Claims." The EBM team delivered this workshop together with the PEIP conference programming in 2015 and received an overall evaluation of 4.66/5.0.

Often referred to as "evidence-based practice," this discipline calls for more explicit approaches to defining the question, use of point-of-care knowledge, appreciation and use of the strength of evidence supporting choices, and better matching of the patient's problem to an evidence-based action. This program has been designed to assist the practicing physician with managing information, recognizing valid information, and designing ways of changing practice.

In medicine, reflective learning fosters self-awareness—an important step that often leads to personal and professional growth. Topics for this program have been selected as an introduction to Evidence Based Medicine and are based on needs assessments, and are delivered primarily in a small-group setting.

## > GOAL 3: Informed and Respected Practice Resource

### GOMAINPRO

In 2014, the ACFP launched GoMainpro, an online tool that facilitates Mainpro accreditation for the ACFP's award-winning, evidence-based Tools for Practice library which is now eligible for Mainpro-M1 credits. The GoMainpro accreditation tool provides ACFP members and family physicians an opportunity to earn Mainpro-M1 credits online anytime, anywhere without the hassle of self-reporting. The combination of the CFPC's Direct Entry Program and GoMainpro's tracking and reporting features provide an easy and convenient way to earn Mainpro-M1 credits.

Alberta is the first of the provincial chapters to develop an online learning solution and uses revenue from GoMainpro subscriptions to offset the Evidence Based Medicine program.

In the fourth quarter of 2015, the ACFP was very pleased to collaborate with the New Brunswick College of Family Physicians to present a French Tools for Practice/ GoMainpro solution to francophone members. GoMainpro sales continued to climb and doubled from its previous year, ending 2015 with 538 subscriptions from across 10 provinces and one territory.

- Alberta: 40%
- British Columbia: 4%
- Manitoba\*: 11%
- New Brunswick\*: 1%
- Newfoundland and Labrador: 1%
- Nova Scotia\*: 8%
- Nunavut: 0.33%
- Ontario\*: 33%
- Prince Edward Island\*: 0.33%
- Quebec: 0.33%
- Saskatchewan: 1%

\*denotes Chapter Alliance Partners

### BEST PRACTICE SUPPORT VISITS

These evidence-based academic detailing sessions start with detailed training of pharmacists within Primary Care Networks (PCNs) who then spend the next 4-6 weeks delivering the 30 minute session to physicians in their practices. There are eight lunch sessions per year; topics are chosen from requests by the PCN pharmacists based on the needs of their PCNs. In 2015, there were five PCNs with approximately 25 pharmacists and 700 physicians involved.

### PRICING DOCUMENT

Authored by Dr. Michael Kolber, Tony Nickonchuk, and Jayson Lee, this document compares commonly prescribed pharmaceuticals in Alberta. It identifies generic products from brand name products, a 90-day cost for standard doses, and Alberta Blue Cross and Indian Affairs coverage. The document is grouped by medication class and then ordered by cost. While it is not exhaustive, it contains many medications potentially used by office-based primary care providers.



### SIMPLIFIED LIPID PATHWAY

The Simplified Lipid Pathway is a guideline for the management of dyslipidemia and primary cardiovascular disease prevention in primary care. This nationally-endorsed, evidence-based guideline was developed by a group of primary care clinicians from across Alberta with the EBM team and peer-reviewed by a group of family physicians, specialists, nurses, pharmacists, and patients. It is a first in primary care-led guidelines to be accepted and published at the national level; the guideline was published in the October 2015 issue of *Canadian Family Physician*.

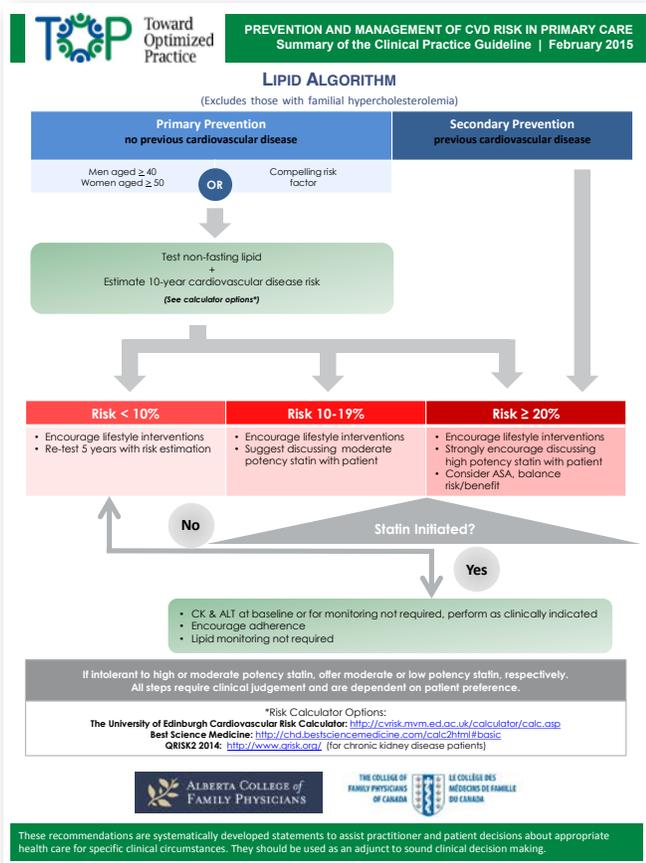
Distribution of the guideline and related knowledge translation activities began in early 2015, with the mailing of guideline and pathway documents to all physicians in Alberta. The documents are available on the ACFP and Toward Optimized Practice (TOP) websites for download, and also on the Canadian Family Physician magazine website archives.

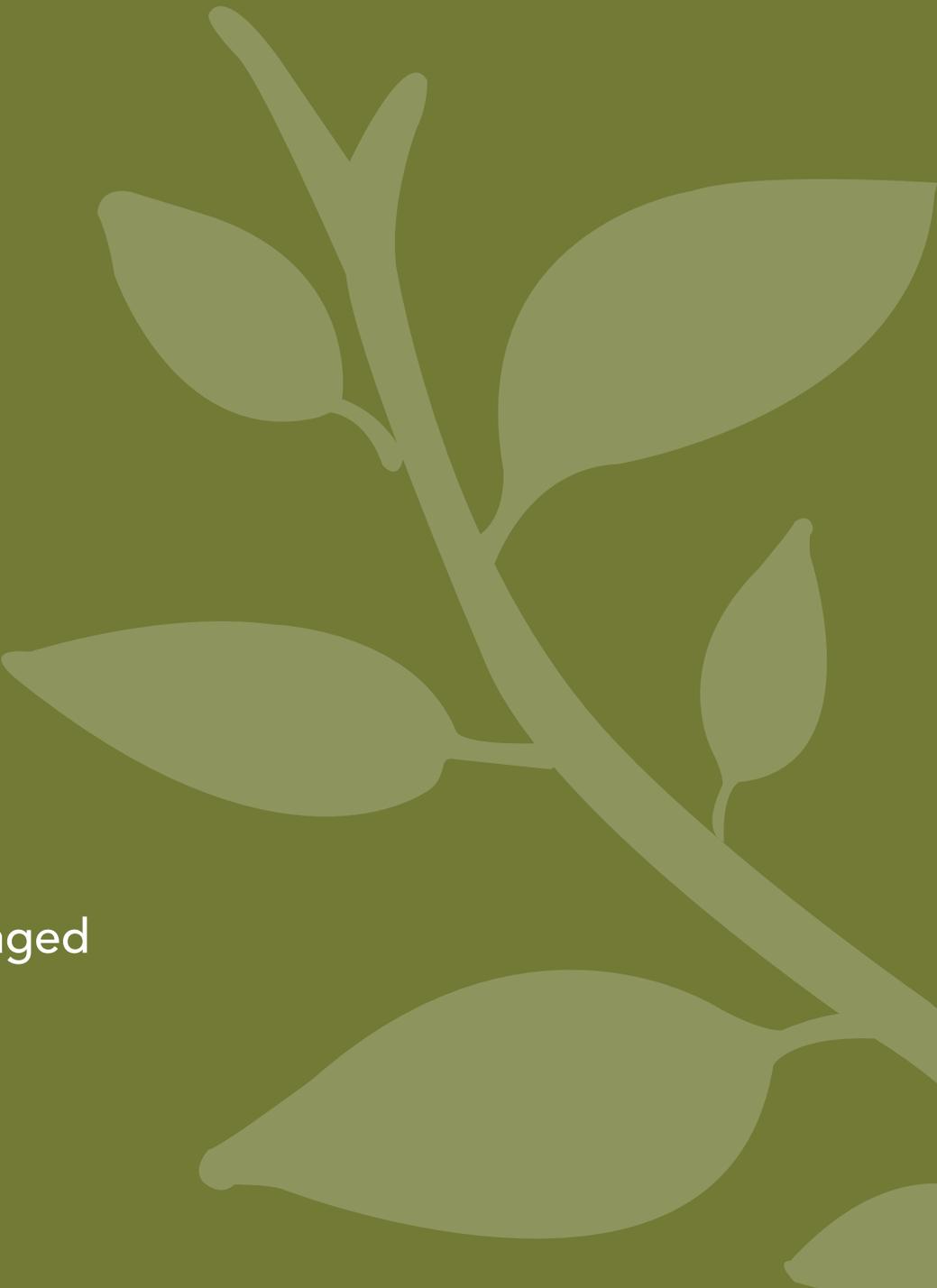
### Building Provincial and National Resource Partnerships

The ACFP has a long history of strong partnerships with Alberta’s professional health organizations and with the CFPC and its provincial chapters. As the health care delivery landscape continues to change and experience added pressures to improve efficiencies and outcomes, the need to collaborate has become paramount.

Much effort, time, and resource is put into building relationships and working arm in arm with the AMA, AHS, and the CFPC. Though there still is much work to be done in this area, the investments have been worthwhile. The ACFP Board members, staff, and volunteers are active participants in the following boards, committees, collaboratives, partnerships, and working groups:

- Primary Care Alliance Board (a committee of the AMA including SGP, SRM, PCN Leads, Departments of Family Medicine, and ACFP)
- CFPC Chapter Symposiums
- CFPC Board Forums
- Multiple CFPC advisory and working committees
- University of Alberta and University of Calgary Departments of Family Medicine, FMIGs, and Family Medicine Resident Associations
- Alberta Health Services Strategic Clinical Networks
- Alberta Health Services Primary Health Care



A stylized, light green leaf graphic with a central stem and several leaves of varying sizes, positioned on the right side of the page against a dark green background.

**GOAL 4:**  
Collective Engaged  
Scholarship



The ACFP's fourth goal is driven by one of four principles of family medicine—the *family physician is a skilled clinician*. The ACFP is a learning organization that strives for leadership in CME, curriculum development, experiential learning opportunities, and ongoing research that inspires excellence in family medicine.

### Key Activities and Highlights Include:

#### IMPLEMENTING CPD/CME ACCREDITATION AND ETHICAL REVIEW PROGRAM

As a provincial chapter, the ACFP provides guidance to individuals and groups seeking Mainpro accreditation for their offerings of CME/CPD programming to Alberta family physicians. The ACFP strives for excellence in upholding the CFPC's accreditation standards. Our dedicated staff and experienced CPD reviewers accredit CME/CPD opportunities for family physicians in Alberta.

#### PROVIDING ACCESS TO QUALITY CPD/CME OPPORTUNITIES

The ACFP has continued to be very successful in delivering CPD programming and activities that are relevant to family physicians across Alberta. The 60th ASA, as well as the 4th Annual PEIP Conference and ongoing CPD Roadshows offered by the ACFP Evidence and CPD Team were very well attended by members of the ACFP.

In 2015, the ACFP continued to enhance its CPD opportunities for family physicians through the delivery of Mainpro-C programming through collaborations with the Evidence Based Medicine program at the University of Alberta and the Ontario College of Family Physicians (OCFP). With the latter, the ACFP has offered an *Infant and Toddler Nutrition* program led by Dr. Sudha Koppula.

The ACFP encourages and supports CPD/CME opportunities that have been developed by the family physician community and are designed to meet their changing needs.

#### COMMUNITY-BASED PRIMARY CARE RESEARCH

The ACFP is committed in supporting community-based primary care research and fundamentally believes that primary care research driven at the coalface is a critical component in creating positive change in Alberta's health care system.

## ACFP Welcomes a New Regional CPD Educator



THE ACFP WELCOMES  
DR. SUDHA KOPPULA AS  
ALBERTA'S CPD REGIONAL  
EDUCATOR IN NOVEMBER 2015

In 2014, the CFPC engaged six Regional CPD Educators across Canada to help support the launch of Mainpro+. Dr. Khurram Jahangir served as the Alberta CPD Educator from March 2014 to September 2015. During this time, the ACFP worked collaboratively with Dr. Jahangir as he met with family physicians and family medicine residents, sharing information on the new Mainpro+ program. However, due to his increasing commitments in other areas, Dr. Jahangir retired from this position, and in November 2015, the ACFP welcomed Dr. Sudha Koppula as the 'new' Alberta CPD Regional Educator.

In this role, Dr. Koppula is working with the CFPC National Office to support Alberta members as lifelong learners, and facilitate member engagement as the College transitions to the implementation of Mainpro+. With the continued assistance of the ACFP, she will provide guidance to ACFP members through workshops that explain the changes to the College's MAINPRO® (maintenance of proficiency) program to be launched on June 27, 2016.

Dr. Koppula has been involved at all levels of medical education and, in 2015, began facilitating a Mainpro-C course on Infant and Toddler Nutrition, with the support of the Alberta College of Family Physicians.

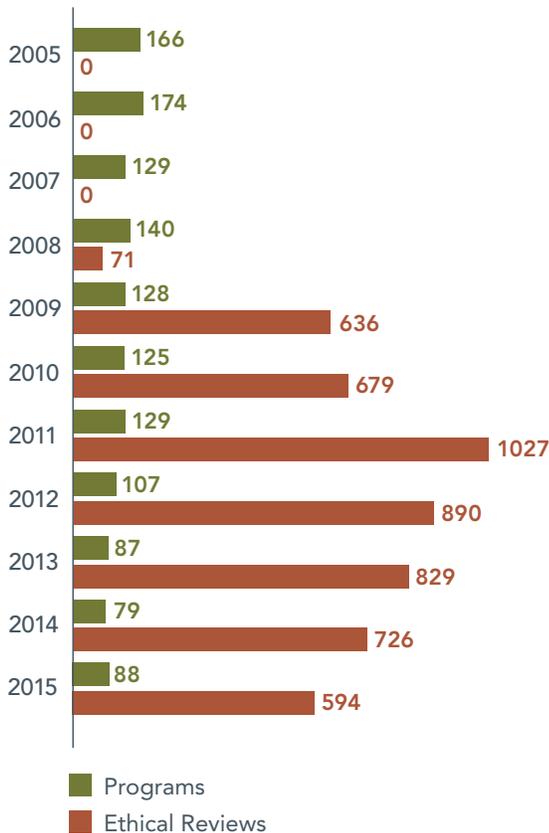
*Thank you Khurram and Sudha for sharing with your colleagues in Alberta your enthusiasm for lifelong learning and your expertise in strategies that support the CFPC's Mainpro program philosophy and requirements!*

## Continuing Professional Development (CPD/CME)

### REVIEW AND ACCREDITATION OF MAINPRO-M1 COURSES

- Mainpro-M1 accreditation is awarded to structured learning programs, events or activities that focus on enhancing knowledge and/or skills pertinent to the practice of family medicine.
- Mainpro-M1 accreditation is a two-step process where Step One involves program approval and Step Two finalizes the program accreditation by looking at how the program is presented and delivered.
- Provincial Mainpro-M1 program applications received by the ACFP office are reviewed by trained physician reviewers. Programs that meet the CFPC's criteria receive approval.
- Each iteration of an approved program is screened for suitability in keeping with the CFPC's accreditation standards, ethical guidelines, and guidelines set forth by the CMA and Rx&D. The ethical review addresses the logistical and promotional components of these approved program sessions, and provides final Mainpro-M1 accreditation for the event.
- In 2015, the ACFP office received a total of 88 provincial program applications and 594 ethical review submissions. This compares with 79 provincial program applications and 726 ethical reviews completed in 2014.

Mainpro-M1 Annual Statistics



**7TH NATIONAL CPD ACCREDITATION CONFERENCE**

Representatives from the ACFP participated in the development of the objectives and agenda for the 2015 7NAC. This conference is jointly hosted by the CFPC and Royal College of Physicians and Surgeons of Canada, and provides individuals who are responsible for the development, implementation and/or accreditation of CPD activities across Canada with the opportunity to come together to share ideas, collaborate and discuss policy development in the area of CME/CPD.

**HEALTHY CHILD DEVELOPMENT: INFANT AND TODDLER NUTRITION – MAINPRO®-C PROGRAM**

Through an opportunity provided by the Ontario College of Family Physicians (OCFP) and the CFPC, the ACFP supported Dr. Sudha Koppula in her training to become an educator for the Healthy Child Development: Infant and Toddler Nutrition Mainpro-C program. In 2015, the ACFP supported the delivery of this workshop at the 60th ASA, and through offerings in Edmonton and Calgary.

**COMMUNITY-BASED PRIMARY CARE RESEARCH**

The ACFP has continued to strengthen our role in educating and encouraging family physician involvement in research projects that impact primary care and the profession of family medicine. We are committed to communicating that family physician involvement is paramount to research findings translating into information that is both relevant and useful to the practicing family physician. The ACFP collaborates with family physician researchers and with organizations that share this same mission and vision.

In 2015, the ACFP provided letters of support in principle for funding or grant applications to research projects that are well grounded in family medicine and primary care research. We showcased 56 family medicine and primary care research projects during our very successful What’s Up Doc? Research Showcase at our 60th ASA. The ACFP is proud to contribute in building a common vision for family physician involvement in research—“The Power of your Practice!”

## Annual Scientific Assembly (ASA)



The ACFP's 60th ASA was held February 26–28, 2015 at the Rimrock Resort Hotel in Banff. The theme of the conference was the Patient's Medical Home (PMH). In 2015, the ACFP celebrated its 60th anniversary as a CFPC Chapter, and also the Chapter's 60th ASA. Several events and activities at the conference highlighted these anniversaries.

Recorded attendance was in excess of 330 registrants, and, as in past, the conference experience was reportedly very positive. Registrants continue to comment that the networking culture of the ASA is extremely valuable to their practice of family medicine.

The Scientific Program was accredited for up to 16.5 Mainpro M1 credits, and included 55 learning opportunities as categorized below:

- 6 x Mainpro-C programs
- 7 x keynote presentations
- 28 x workshops
- 10 x skill sessions
- 2 x research programs
- 2 x ancillary sessions

Overall, the CME program was very well received with evaluations indicating that presentations were unique, relevant, topical, and practice-changing, and family physician presenters continue to be appreciated.

In addition to the scientific presentations, the 60th ASA offered the following onsite events: Thursday evening Research Poster Presentations and Welcome Reception; Friday family night dinner and dance—*KEEP CALM AND GLAM ON*; Saturday night family movie night; and the Doctor's Lounge at Diva's was open each day of the conference, with the Friday Doctors' Lounge dedicated as a FFYFP mixer.

A total of 22 exhibits were showcased in Salon C. Once again, exhibit space sold out in a few minutes during launch day. The ASA Sponsorship Program continued to grow with a total of 12 sponsors contributing support for the conference:

- **Platinum Level**
  - » Alberta Medical Association
- **Gold Level**
  - » Aspen Pharmacare Canada Inc.
  - » Respiratory Homecare Solutions Inc. and The Snore Centre
- **Silver Level**
  - » Purdue
  - » Scotiabank
  - » VitalAire
- **Bronze Level**
  - » Alberta Health Services eReferral
  - » Canada Medical Ltd.
  - » Health Quality Council of Alberta
  - » University of Alberta, Department of Family Medicine
  - » University of Calgary, Department of Family Medicine

**60TH ANNUAL SCIENTIFIC ASSEMBLY  
PLANNING COMMITTEE**

*Chair*

Dr. Brad Bahler, Red Deer

*Members-at-Large*

Dr. John Chmelicek, Edmonton

Dr. Margaret Churcher, Calgary

Dr. Christine Kennedy, Calgary

Dr. Marc Klasa, Calgary

Dr. Doug Klein, Edmonton

Dr. Harkirat Sidhu, Edmonton

Dr. Aynharan Sinnarajah, Calgary

Dr. Roger Thomas, Calgary

Dr. Cheryl Whitehead, Calgary



THE ACFP RECOGNIZES DR. PAT SMITH AS PRESIDENT AT THE ANNUAL GENERAL MEETING.



A PACKED ROOM FOR THE ANNUAL INSTALLMENT OF WHAT'S NEW, TRUE, AND POO?

*"I look forward to being a regular attendee and a contributor for future ASAs. This is my first time and I enjoyed it immensely. Congrats to the organizers for a successful ASA!"*



FUN AT OUR PHOTO BOOTH FEATURE DURING THE ASA FAMILY NIGHT EVENT.



# THANK YOU TO ALL ACFP VOLUNTEERS

It is through family physicians like you that we are able to strengthen our profession and provide the highest quality of care. Thank you for your contributions in making 2015 a success!

## ACFP Board of Directors 2015

### *President & Chair\**

Dr. John Chmelicek, Edmonton

### *Past President\**

Dr. Pat Smith, Calgary

### *President Elect\**

Dr. Khurram Jahangir, Edmonton  
(resigned in October 2015)

### *Honourary Treasurer\**

Dr. Fred Janke, Sylvan Lake

### *Honourary Secretary\**

Dr. Sudha Koppula, Edmonton

### *Member at Large\**

Dr. Vishal Bhella, Calgary

### *\*Executive Committee*

*Chair – Advisory Committee on Seniors Care*  
Dr. Marjan Abbasi, Edmonton

*Chair – Annual Scientific Assembly*  
Dr. Brad Bahler, Sylvan Lake

*Chair – Continuing Medical Education  
and NCCPD Representative*  
Dr. John Chmelicek, Edmonton

*Chair – Nominating and Awards Committee*  
Dr. Pat Smith, Calgary

*Chair – Department of Family Medicine  
University of Alberta*  
Dr. Lee Green

*Head – Department of Family Medicine  
University of Calgary*  
Dr. Charles Leduc

*Family Medicine Resident Representative,  
University of Alberta*  
Dr. Robert Flook (2014-2015)  
Dr. Fangwei Liu (2015-2016)

*Family Medicine Resident Representative,  
University of Calgary*  
Dr. Peter Eppinga (2014-2015)  
Dr. Clark Svrcek (2015-2016)

*Medical Student Representative, University of Alberta*  
Mr. Cian Hackett (2014-2015)  
Ms. Laura Soong (2015-2016)

*Medical Student Representative, University of Calgary*  
Ms. Emma Jones (2014-2015)  
Mr. Thomas Tam (2015-2016)

*AMA Section of General Practice Representative*  
Dr. Ann Vaidya

*AMA Section of Rural Medicine Representative*  
Dr. Tobias Gelber



ACFP BOARD AND GOVERNANCE ADVISORY COMMITTEE MEMBERS,  
BACK ROW FROM LEFT: DRs. PETER EPPINGA, JOHN CHMELICEK,  
TOBIAS GELBER, FRED JANKE, VISHAL BHELLA, BRAD BAhLER,  
CATHY SCRIMSHAW, HAROLD HOFFMAN, ROBERT FLOOK  
FRONT ROW: MS. EMMA JONES, MR. CIAN HACKETT, DR. PAT SMITH,  
MS. TERRI POTTER, DRs. SUDHA KOPPULA, LEE GREEN, AND  
KHURRAM JAHANGIR

## ACFP Committees

### *60th Annual Scientific Assembly Planning Committee*

#### *Chair*

Dr. Brad Bahler, Red Deer

#### *CPD Advisory Committee Representative*

Dr. John Chmelicek, Edmonton

#### *Members-at-Large*

Dr. Christine Kennedy, Calgary

Dr. Marc Klasa, Calgary

Dr. Doug Klein, Edmonton

Dr. Harkirat Sidhu, Edmonton

Dr. Aynharan Sinnarajah, Calgary

Dr. Roger Thomas, Calgary

Dr. Cheryl Whitehead, Calgary

### *Nominating and Awards Committee*

#### *Chair*

Dr. Pat Smith, Calgary

#### *Past-President's Representative*

Dr. Paul Humphries, Edmonton

#### *ACFP Board Representative*

Dr. Fred Janke, Sylvan Lake

#### *Members-at-Large*

Dr. Joan Horton, Calgary

Dr. Aynharan Sinnarajah, Calgary

### *Advisory Committee on Seniors Care*

#### *Chair*

Dr. Marjan Abbasi, Edmonton

#### *Core Advisory Committee*

Dr. Yasmin Majeed, Calgary

Dr. Mehrnoush Mirhosseini, Edmonton

Dr. Elisa Mori-Torres, St. Albert

Dr. Jasneet Parmar, Edmonton

Dr. Paddy Quail, Calgary

Dr. Jennifer Stickney-Lee, St. Albert

Dr. Jean Triscott, Edmonton

Dr. Diana Turner, Calgary

Dr. Joel Weaver, Lethbridge

#### *Community of Practice*

Dr. Saeed Ahmadinejad, Edmonton

Dr. Eleanor Andrews, Grande Prairie

Dr. Vivian Ewa, Calgary

Dr. Shirley Hovan, Red Deer

Dr. Mary Hurlburt, Edmonton

Dr. Paul Kivi, Edmonton

Dr. John O'Connor, Fort McMurray/Fort McKay

Dr. Mary Jane Shankel, Calgary

Dr. Tolulo Taiwo, Fort McMurray

### *AFPRN Steering Committee*

#### *Chair (Acting)*

Dr. Diana Turner, Calgary

#### *University of Alberta Representative*

Dr. Mike Allan, Edmonton

#### *University of Calgary Representative*

Dr. Jim Dickinson, Calgary

#### *Community Family Physicians – Members-at-Large*

Dr. Donna Manca, Edmonton (Clinical Director)

Dr. Caroline Bain, Calgary

Dr. Lizette Elumir, Calgary

Dr. Sakina Raj, Calgary

Dr. Carol Rowntree, Sundre

Dr. Annie Yau, Calgary

**Continuing Professional Development (CPD)  
Advisory Committee**

*Chair and CFPC NCCPD/CME Representative*  
Dr. John Chmelicek, Edmonton

*Members-at-Large*

Dr. Brad Bahler (ASA Planning Committee)  
Dr. Lily Chen, Leduc  
Dr. Shari Fallis, Edmonton  
Dr. John Hickie, Calgary  
Dr. Khurram Jahangir, Edmonton  
Dr. Dorcas Kennedy, Lethbridge  
Dr. Peter Mah, Red Deer  
Dr. John O'Connor, Fort McMurray/Fort McKay

**First Five Years in Family Practice Committee**

*Chair*

Dr. Vishal Singh Bhella, Calgary

*Members-at-Large*

Dr. Trevor Day, Edmonton  
Dr. Kaili Hoffart, Edmonton  
Dr. Diana Hong, Edmonton  
Dr. Rabiya Jalil, Calgary  
Dr. Evelyn Ma, Calgary  
Dr. Carolyn Nowry, Calgary  
Dr. Clark Svrcek, Calgary (Resident Representative)  
Dr. Dinesh Witharana, Lethbridge

## External Committees

The ACFP continued to have representation on provincial and national committees to ensure that the perspective of the College was taken into consideration. These included but were not limited to:

**Aboriginal Health Working Group (Joint CFPC and National Aboriginal Health Organization (NAHO))**

Dr. Lynden Crowshoe, Calgary

**Alberta Bone and Joint Health Institute  
Physician Advisory Committee**

Dr. John Chiu, Edmonton

**Alberta Breast Cancer Screening  
Program Advisory Committee**

Dr. Margaret Churcher, Calgary  
Dr. Jim Dickinson, Calgary

**Alberta Cancer Board Provincial Family Physician  
Initiative Steering Committee**

Dr. Pat Heard, Calgary (Alternate)  
Dr. David Moores, Edmonton

**Alberta Cervical Cancer Screening  
Program Advisory Committee**

Dr. Margaret Churcher, Calgary

**Alberta Champion for the Alcohol Screening,  
Brief Intervention and Referral Program**

Dr. Ginetta Salvaggio, Edmonton

**Alberta Colorectal Cancer Screening  
Program Advisory Committee**

Dr. Jim Dickinson, Calgary

**Alberta Primary Care Alliance**

Dr. John Chmelicek, Edmonton  
Dr. Cathy Scrimshaw, Pincher Creek

**Alberta Rural Physician Action Plan (RPAP) Family  
Medicine Education Subcommittee**

Dr. Khurram Jahangir, Edmonton

**CFPC Advisory Committee on Family Practice**

Dr. Rick Ward, Calgary

**CFPC Environmental Health Committee**

Dr. Christopher Sikora, Edmonton

## External Committees – continued

### *CFPC Healthcare (Pharma) Industry Task Force*

Dr. Paul Humphries, Edmonton

### *CFPC Membership Advisory Committee*

Dr. Fred Janke, Sylvan Lake

### *CFPC National Accreditors for Mainpro*

Dr. Helen Cuddihy, Edmonton

### *CFPC National Committee on Continuing Professional Development*

Dr. John Chmelicek, Edmonton

### *CFPC Palliative Care Program Committee*

Dr. Mehrnoush Mirhosseini, Edmonton

### *CFPC Research and Education Foundation Board*

Dr. Doug Klein, Edmonton

### *CFPC Sport and Exercise Medicine Program Committee (SIFP)*

Dr. Preston Wiley, Calgary

### *Models of Care for Inflammatory Arthritis*

Dr. Rick Ward, Calgary

### *Pan Canadian Cervical Screening Initiative (PCCSI)*

Dr. Jim Dickinson, Calgary

### *Physician Learning Program (PLP) Project Steering Committee*

Dr. Helen Cuddihy, Edmonton

### *Royal CPSA Injury Control and Reduction Advisory Committee (ICRAC)*

Dr. Vivien Suttorp, Calgary

### *Section of General Practice, Alberta Medical Association*

Dr. Khurram Jahangir, Edmonton

## Family Health Magazine

We would like to acknowledge the following ACFP members who served on the magazine's Editorial Advisory Board:

Dr. Tim Kolotyluk (Medical Editor/Chairman)

Dr. Laura Bennion (Ask the Doctor)

Dr. Lesley Charles (Growing Older)

Dr. Robert W. Clarke (Publisher and Executive Editor)

Dr. Connie Ellis (Medical Editor)

Dr. Susan Lea-Makenny (Women's Health)

Dr. Victor Lun (Active Living)

Dr. Ben Macedo (Adolescent Health)

Dr. Michelle Morros (Childhood)

Dr. Christorper Sikora (Prevention)

Dr. Agnes Thompson (Women's Health)

Dr. Heather Wrigley (Childbirth)

## ACFP 60TH ANNIVERSARY TIMELINE

The ACFP was established by a group of general practitioners who believed in a vision—a vision for knowledge sharing in practical settings and professional camaraderie.

What better way to celebrate the ACFP's double Diamond Anniversaries than at the 60th ASA?

In celebration of the ACFP's anniversary in late 2014 and the ASA's 60th anniversary in February, the ACFP presented a timeline of key milestones for the chapter. Please see the following pages.



# 1950

## 1955

Alberta Chapter of the College of General Practice held its first sectional meeting in Red Deer. Sectional meeting later becomes the Annual Scientific Assembly (ASA).

## 1959

ASA moved to Banff. The change in location was successful, attracting 100 attendees from Alberta, Saskatchewan, and BC.

Relationship with Section of General Practice of the Canadian Medical Association, Alberta Division, was established.

## 1963

The Scientific Session was hosted in conjunction with the first Family Medicine Forum held in Edmonton.

## 1954

College of General Practice of Canada was established.

Alberta Chapter of the College of General Practice of Canada was established. Dr. W. W. Eadie was elected as Chapter Chairman.

## 1964

Proposed program for instituting general practice training in Calgary – this pilot project would be the first of its kind in Canada.

## 1950's Presidents

President: Dr. W. W. Eadie (1954-1955)  
President: Dr. J. R. Ibberson (1956-1957)  
President: Dr. H. A. Lloyd (1958)  
President: Dr. R. Woolstencroft (1959)

## 1957

3rd ASA held in Edmonton – 60 registrants.

# 1960

## 1960

Alberta College builds its relationship with University of Alberta.

## 1960's Presidents

President: Dr. M. Dolgoy (1960)  
President: Dr. J. A. Weddell (1961)  
President: Dr. D. G. McAlpine (1962)  
President: Dr. J. B. Corley (1963)  
President: Dr. J. C. Staples (1964)  
President: Dr. E. R. Haynes (1965)  
President: Dr. H. H. Black (1966-1967)  
President: Dr. T. C. Saunders (1968)  
President: Dr. I. N. Henderson (1969)

## 1970's Presidents

President: Dr. G. D. McQuitty (1970)  
President: Dr. A. G. Blunden (1971)  
President: Dr. H. F. McKenzie (1972)  
President: Dr. S. B. Cassin (1973)  
President: Dr. C. M. Awde (1974)

President: Dr. E. I. Ghitter (1975)  
President: Dr. A. Omelchuk (1976)  
President: Dr. W. A. Gray (1977)  
President: Dr. W. J. Mayhew (1978)  
President: Dr. P.B. Heaton (1979)

# 1970

15th ASA.

ACFP developed a research mandate and commitment to encourage and promote research in family medicine in Alberta.

# 1990

## 1995

Mainpro program formalized and introduced.

40th ASA was the first ASA held at the Rimrock Resort Hotel.

## 1997

Dr. Maeve O'Beirne was named as the Clinical Director of AFPRN.

## 1998

Maintenance of Certification component of the College was initiated – start of 5-year cycles.

AFPRN awarded grant from AHFMR for the SEARCH training program.

# 2000

45th ASA.

Primary care reform was launched in Alberta.

Evolution of Primary Care Networks in Alberta.

# 1980

25th ASA.

## 1991

Establishment of the Alberta Family Practice Research Network (AFPRN). AFPRN arose from the membership – the community doctor.

Dr. Jim Thompson was named as the 1st Chair and Clinical Director of AFPRN.

## 2001

Dr. Donna Manca named as Clinical Director of AFPRN.

## 1980's Presidents and FPOY\*

President: Dr. C. M. Stewart (1980)  
President: Dr. A. J. Cox (1981)  
President: Dr. G. L. Higgins (1982)  
President: Dr. R. G. Gorsche (1983)  
President: Dr. R. S. Wood (1984)  
President: Dr. P. E. Rutter (1985)  
President: Dr. B. D. Ward (1986)  
President: Dr. R. B. Voszler (1987)  
President: Dr. H. S. Irvine (1988)  
President: Dr. J. V. Mackel (1989)

FPOY: Dr. George D. McQuitty (1980)  
FPOY: Dr. A. Omelchuk (1981)  
FPOY: Dr. J. O' Brien (1982)  
FPOY: Dr. D. White (1983)  
FPOY: Dr. C. Knight (1984)  
FPOY: Dr. H. Black (1985)  
FPOY: D. R. Westbury (1986)  
FPOY: Dr. T. Saunders (1987)  
FPOY: Dr. D. Murray (1988)  
FPOY: Dr. R. Grainger (1989)

## 1990's Presidents and FPOY\*

President: Dr. K. R. Popowich (1990)  
President: Dr. C. J. Lord (1991)  
President: Dr. R. C. L. Hartog (1992)  
President: Dr. W.G. Hall (1993)  
President: Dr. J. M. Horton (1994)  
President: Dr. R. J. Wedel (1995)  
President: Dr. N. W. Flook (1996)  
President: Dr. M. E. Hurlburt (1997)  
President: Dr. T. D. Kolotyluk (1998)  
President: Dr. D. J. Konkin (1999)

FPOY: Dr. W. Hall (1990)  
FPOY: Dr. W. D. Armstrong (1991)  
FPOY: Dr. R. Gorsche (1992)  
FPOY: Dr. B. Ward (1993)  
FPOY: Dr. P. Winkelaar (1994)  
FPOY: Dr. S. Malm (1995)  
FPOY: Dr. S. Murray (1996)  
FPOY: Dr. C. Lord (1997)  
FPOY: Dr. N. Flook (1998)  
FPOY: Dr. R. Kimberley (1999)

## 2000's Presidents and FPOY\*

President: Dr. C. L. Ellis (2000)  
President: Dr. T. L. Staniland (2001)  
President: Dr. T. Bakshi (2002-2003)  
President: Dr. P. M. Heard (2004-2005)  
President: Dr. J. F. Chui (2006-2007)  
President: Dr. R. Ward (2008-2009)  
FPOY: Dr. R. Wedel (2000)  
FPOY: Dr. R. Laughlin (2001)  
FPOY: Dr. M. Tarrant (2002)  
FPOY: Dr. H. Woytyuk (2003)  
FPOY: Dr. J. Bradley (2004)  
FPOY: Dr. B. Siray (2005)  
FPOY: Dr. J. Wilson (2006)  
FPOY: Dr. T. Kolotyluk (2007)  
FPOY: Dr. M. Sosnowski (2008)  
FPOY: Dr. G. Gish (2009)

## 2005

CFPC and ACFP marked the College's 50th Anniversary with celebrations throughout the year.

ACFP new logo unveiled. Branch symbolizing ACFP; Leaves symbolize Members.

New ACFP tag line created – 'Advancing excellence in family practice'.

First ACFP Website launched.

Family Doctor Week launched by CFPC with a series of posters acknowledging the special role family doctors play in delivering health care to Canadians.

ACFP Virtual Poster Campaign launched as part of a broader effort to increase the number of medical students considering careers in family medicine.

ACFP Shadowing Project launched targeting medical students prior to starting medical school.

50th ASA – record attendance of 280 celebrating the College's 50th Anniversary.

Strategic Plan – Adoption of new Vision, Mission, Goals and Values.

## 2008

Membership = 2,507.

A second paper, "RESPECT from Specialists: Concerns of Family Physicians", originating from data collected in the Rewards and Challenges Study published in CFP journal.

Shadowing Project grew to include 35 medical students.

53rd ASA – more than 300 family physicians, family practice residents, and medical students in attendance.

## 2003

ACFP cohosted FMF in Calgary.

## 2004

Membership = 1,960

ACFP Recruitment & Retention Project launched to promote Family Medicine to high school students in Alberta.

ACFP developed and funded Rewards and Challenges of Family Practice research project.

ACFP Continuing Professional Achievement Recognition of Excellence (CARE) Awards launched to recognize and celebrate the achievements of members.

## 2006

PCNs – Collaborative Practice Learnings.

Dr. Barbara Starfield – keynote speaker at ASA.

ACFP invited to meeting with Federal Health Minister to discuss Patient Wait Times Guarantee.

What's Up Doc? Oral Presentation research workshops launched at ASA.

## 2007

Membership = 2,270

ACFP via Dr. Donna Manca and AFPRN participate in the evolution of the Canadian Primary Care Sentinel Surveillance Network (CPSSN).

Virtual poster campaign new series titled 'you asked...' centering on questions asked by medical students.

Results from the Rewards and Challenges Study were published in CFP journal.

ACFP Recognition of Excellence Awards announced to recognize outstanding contributions made by members.

## 2009

13% growth in membership. Membership = 2,850

Change in ASA sessions. Emphasis on physician-driven topics/sessions.

Tools for Practice (TFP) launched.

ACFP co-hosted FMF in Calgary.

ACFP Physician Forums hosted throughout Alberta to discuss how best the ACFP can serve its members.



## 2014

Launch of GoMAINPRO, an online accreditation tool facilitating MAINPRO® accreditation for activities such as the ACFP's Tools for Practice library.

The ACFP's Evidence and CPD Program receives the 2014 CFPC CPD Award.

# 2010

## 2011

The ACFP hosted the Medical Home Leadership Forum in Edmonton to explore the CFPC Canadian Medical Home model.

Evidence and CPD delivers CPD Roadshows.

## 2012

Inaugural PEIP Conference held in Edmonton. Led by the Evidence Based Medicine Team.

## 2015

The 60th Anniversaries of the ACFP and its ASA are celebrated. The theme of the 60th ASA is the Patient's Medical Home (PHM).

ASCC Conference presented.

FFYFP Committee struck.

Governance Review and Recommendations presented.

Tools for Practice/GoMainpro online accreditation solution delivers French application.

## 2010's Presidents and FPOY\*

President: Dr. P. Humphries (2010-2011)  
President: Dr. C. Scrimshaw (2012-2013)  
President: Dr. P. Smith (2014)  
President: Dr. J. Chmelicek (2015)  
FPOY: Dr. K. Lundgard (2010)  
FPOY: Dr. L. Wade (2011)  
FPOY: Dr. M. Donoff (2012)  
FPOY: Dr. H. Irvine (2013)  
FPOY: Dr. R. Dahlke (2014)  
FPOY: Dr. M. Churcher (2015)

\*FYOP denotes Family Physician of the Year

## How We Work

Like many non-profit organizations, our staff carries out the mandate of the board. We are a small group of individuals who are dedicated and passionate about what we do. We are proud to promote the discipline of family medicine to advance excellence in health care for families and communities in Alberta

### *Executive Director*

Terri Potter

### *Manager, Operations & Stakeholder Relations*

Jody Tol

### *Manager, Communications & Events*

Susan Wong Armstrong

### *Coordinator, Education & Research*

Lorraine Dubois

### *Coordinator, Knowledge Translation & Evidence Program*

Caitlin Finley

Adrienne Lindblad

### *Coordinator, Evidence & CPD Program*

Sharon Nickel

### *Coordinator, Executive Office & Program Support*

Nada Salam

### *Coordinator, Communications & Events*

Wendy Steele

## CONTACT US

If you have any questions or would like more information, please contact the ACFP office at:

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President: [acfpres@acfp.ca](mailto:acfpres@acfp.ca)

[www.acfp.ca](http://www.acfp.ca)